

MAJESTIC



MINDSETS

**MASTER
YOUR
REALITY**

**7 HERMETIC PRINCIPLES
EXPLAINED**

MR M.

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INTRODUCTION

WHAT ARE THE HERMETIC PRINCIPLES

The 7 Hermetic Principles are derived from The Kybalion, a text that distills ancient wisdom into practical teachings.

These principles are said to govern the workings of the universe, providing insight into how reality functions on both physical and metaphysical levels.

While many frameworks describe universal laws — such as the well-known 12 Laws of the Universe — the Hermetic Principles condense these ideas into a cohesive and practical guide.

They serve as tools for self-mastery, spiritual growth, and achieving alignment with the natural order.

Understanding these principles allows us to navigate life with greater awareness and purpose.

By integrating them into our daily lives, we can create harmony within ourselves and with the world around us. Let's explore each of the seven principles in detail.

This guide will break down each principle in the following format:

- What it is
- How it works
- How to understand it
- How to apply it
- A relatable example
- Common misconceptions

THE PRINCIPLE OF MENTALISM

“THE ALL IS THE MIND”

What is it?

The Principle of Mentalism states that "The All is Mind." This means that everything in the universe originates from a mental or thought-based foundation. The universe itself is a mental creation.

How it works

This principle suggests that the mind is the source of all reality. By understanding and mastering our thoughts, we gain the ability to shape our personal experiences and even influence the external world. Everything begins in the mind before manifesting into reality.

How to understand it

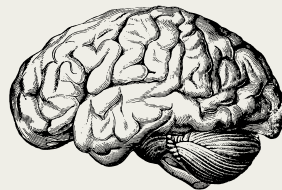
Think of it like creating a blueprint before building a house. The blueprint (thought) determines the structure (reality). If the blueprint is flawed, the final construction will reflect those flaws.

How to apply it

Practice mindfulness and intentional thinking. Instead of allowing negative or scattered thoughts to dominate, focus on positive outcomes and clear intentions. Visualize what you want to create in your life as if it has already happened.

Relatable example

If you want to start a business, your first step is envisioning its success. You create a mental image of what the business looks like, what services or products you offer, and the value you bring. This mental creation guides every step of the process, from planning to execution.



Common Misconceptions

Some believe this principle means that all problems can be solved simply by thinking positively. However, action and effort must follow thought to bring mental creations into physical reality. Mentalism is about alignment, not magical thinking.

THE PRINCIPLE OF CORRESPONDENCE

“AS ABOVE, SO BELOW. AS WITHIN, SO WITHOUT”

What is it?

The Principle of Correspondence is summarized by the phrase, "As above, so below; as below, so above." It implies that there is harmony and connection between different levels of existence — physical, mental, and spiritual.

How it works

This principle explains that patterns repeat throughout the universe. The microcosm (small scale) reflects the macrocosm (large scale), and vice versa. By studying one, you can understand the other.

How to understand it

Think of how the structure of an atom mirrors the structure of the solar system. Both have a central core (nucleus or sun) surrounded by orbiting elements (electrons or planets).

How to apply it

Look for patterns in your life that reflect larger universal truths. For example, if your internal world feels chaotic, it might show up as disorganization in your external environment. By addressing one, you can influence the other.

Relatable example

If your mind is cluttered with stress, you might notice your home or workspace becomes messy. Clearing your physical space can help calm your mental state, and vice versa.



Common Misconceptions

People often assume correspondence means everything has a direct one-to-one relationship. In reality, it's about recognizing similar patterns and dynamics, not identical circumstances.

THE PRINCIPLE OF VIBRATION

“EVERYTHING IN THE UNIVERSE IS IN CONSTANT MOTION”

What is it?

The Principle of Vibration states that everything in the universe is in constant motion, vibrating at its own frequency. Nothing is truly static.

How it works

Different states of being — whether physical, emotional, or spiritual — correspond to different vibrational frequencies. Higher vibrations are associated with positivity and growth, while lower vibrations align with negativity and stagnation.

How to understand it

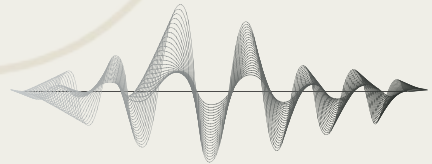
Think of a radio. To hear a specific station, you must tune in to its frequency. Similarly, to experience positivity, you must align yourself with higher vibrations.

How to apply it

Raise your vibration through gratitude, meditation, healthy habits, and positive actions based on thought. Avoid low-vibration activities or influences, such as toxic relationships or excessive negativity.

Relatable example

Have you ever noticed how spending time with uplifting people makes you feel energized, while being around negative individuals drains you? That's the principle of vibration in action.



Common Misconceptions

Some assume that vibration is purely spiritual, ignoring its physical implications. For example, your diet, exercise, and environment also affect your vibration. Foods, words, actions and chemicals carry these vibrations. Exposure is everything

THE PRINCIPLE OF POLARITY

“THERE ARE OPPOSITES OF THE SAME TO EVERYTHING”

What is it?

The Principle of Polarity states that everything has two poles, or opposites. These opposites are simply varying degrees of the same essence.

How it works

Hot and cold, love and hate, light and darkness are not distinct; they are points on a spectrum. Understanding this helps us see that opposites can be transformed into each other.

How to understand it

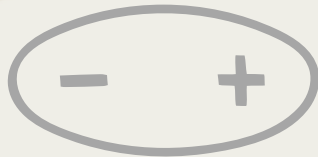
Consider a thermometer. Hot and cold are relative; they exist on the same scale and transition seamlessly from one to the other.

How to apply it

Shift your perspective to transform negative experiences into positive ones. Recognize that difficulties and successes are part of the same continuum, and one can lead to the other. A 6 looks like a 9 when upside down. Meaning its something completely different when perspective is introduced

Relatable example

If you're feeling overwhelmed by fear, recognize that fear and courage are two sides of the same coin. By reframing your fear as an opportunity to grow, you can move toward courage.



Common Misconceptions

People often mistake polarity for absolute duality. In truth, opposites are interconnected and can change based on perspective and context.

THE PRINCIPLE OF RHYTHM

“EVERYTHING FLOWS IN CYCLES.”

What is it?

The Principle of Rhythm asserts that everything flows in cycles. There are periods of rise and fall, action and rest, growth and decline.

How it works

This principle teaches us that nothing remains static. Life is a constant ebb and flow, like the tides of the ocean. Recognizing these cycles helps us navigate challenges and opportunities more eff

How to understand it

Think of the seasons. Winter transitions into spring, then summer, autumn, and back to winter. Each phase is necessary for the next.

How to apply it

When you're in a low period, remember that it's temporary and a high period will follow. Use downtime to recharge and reflect, so you're ready to take advantage of the next upward swing.

Relatable example

If your business experiences a slow season, use that time to plan and innovate. When the busy season returns, you'll be better prepared to thrive.



Common Misconceptions

Some think rhythm implies predestination, where cycles are fixed and unchangeable. However, awareness of rhythm allows you to work with it rather than feeling bound by it.

THE PRINCIPLE OF KARMA

“CAUSE & EFFECT: REAP WHAT YOU SOW”

What is it?

The Principle of Karma (Cause & Effect) states that every action has a corresponding reaction. Nothing happens by chance; everything is the result of a cause.

How to apply it

Be intentional with your actions. If you want positive outcomes, take actions that align with those goals. Avoid blaming external factors and instead focus on what you can control.

How it works

This principle reminds us that our choices and actions create ripple effects. By understanding the causes, we can predict or influence outcomes.

Relatable example

If you consistently invest time in learning a new skill, you'll eventually master it. The skill development (effect) is a direct result of your effort (cause).

How to understand it

Think of planting a seed. The type of seed (cause) determines the plant that grows (effect). You cannot plant an apple seed and expect oranges.



Common Misconceptions

A common misunderstanding is fatalism, the belief that everything is predetermined. In reality, cause and effect empower us to create our desired outcomes by understanding and influencing the causes. It will always come back around!

THE PRINCIPLE OF GENDER

“EVERYTHING HAS MASCULINE & FEMININE ASPECTS”

What is it?

The Principle of Gender states that everything in the universe possesses both masculine and feminine aspects. These aspects are not tied to physical gender but are instead qualities of energy that manifest in various forms throughout existence. Both energies are essential and interdependent, working together to create balance and harmony in all processes of life.

How it works

Masculine energy represents attributes such as action, logic, and outward expression, while feminine energy embodies intuition, creativity, and receptivity.

How to understand it

Think of a garden. The masculine energy is the act of planting seeds and taking care of the garden, while the feminine energy is the fertile soil that nourishes the seeds and allows them to grow into plants. Neither can achieve the full result without the other.

How to apply it

Achieving balance between masculine and feminine energies in your life is crucial. If you find yourself constantly in "doing" mode (masculine), take time to reflect, recharge, and connect with your intuition (feminine). Conversely, if you feel stuck in the planning or ideation phase, channel masculine energy to take concrete action.

Relatable example

Consider a project team at work. A successful team blends masculine and feminine energies: some members may focus on brainstorming creative ideas (feminine energy), while others take charge of planning and executing those ideas (masculine energy). The balance between these roles ensures the project's success.



Common Misconceptions

Many misunderstand this principle as being about biological gender or traditional roles, which can lead to limiting beliefs. In truth, everyone contains both masculine and feminine energies, regardless of gender. Another misconception is that one energy is superior to the other; however, both are equally important and interdependent.

SUMMARY

To effectively apply the 7 Hermetic Principles in conjunction, it's important to recognize that they work together to help you harness the power of your mind, your environment, and the universal forces around you.

By integrating all 7 principles, you can create a balanced and empowered approach to life.

- **Mentalism:** Your mind shapes your reality. Start by controlling your thoughts and focusing on your desires. Practical Use: Practice daily affirmations or visualization to keep your mind focused on your goals.
- **Correspondence:** Your inner world reflects your outer world. Practical Use: Align your actions with your values and purpose. Check if your surroundings (home, work, relationships) support your goals and adjust them to create harmony.
- **Vibration:** Everything has a frequency. Practical Use: Raise your energy by practicing gratitude, staying positive, and surrounding yourself with high-vibration people and environments
- **Polarity:** Every challenge has an opposite opportunity. Practical Use: Reframe challenges as growth opportunities. When you face setbacks, look for the lesson and the potential for positive change.
- **Rhythm:** Life follows cycles. Practical Use: Understand that there will be highs and lows. Work with the flow, knowing when to push forward and when to rest or reflect.
- **Cause and Effect:** Every action has a consequence. Practical Use: Be mindful of your choices. Ensure that your actions align with your intentions, so you consistently move toward your desired outcome.
- **Gender:** Balance active (masculine) and receptive (feminine) energies. Practical Use: Tap into your creativity and intuition (feminine) while taking purposeful, decisive action (masculine).

By doing this consistently, you create a powerful and harmonious flow toward your goals.

I hope this helps, if you do find this insightful and helpful, please consider donating via Paypal: <https://www.paypal.com/donate>

Thanks for reading,
Mr. M