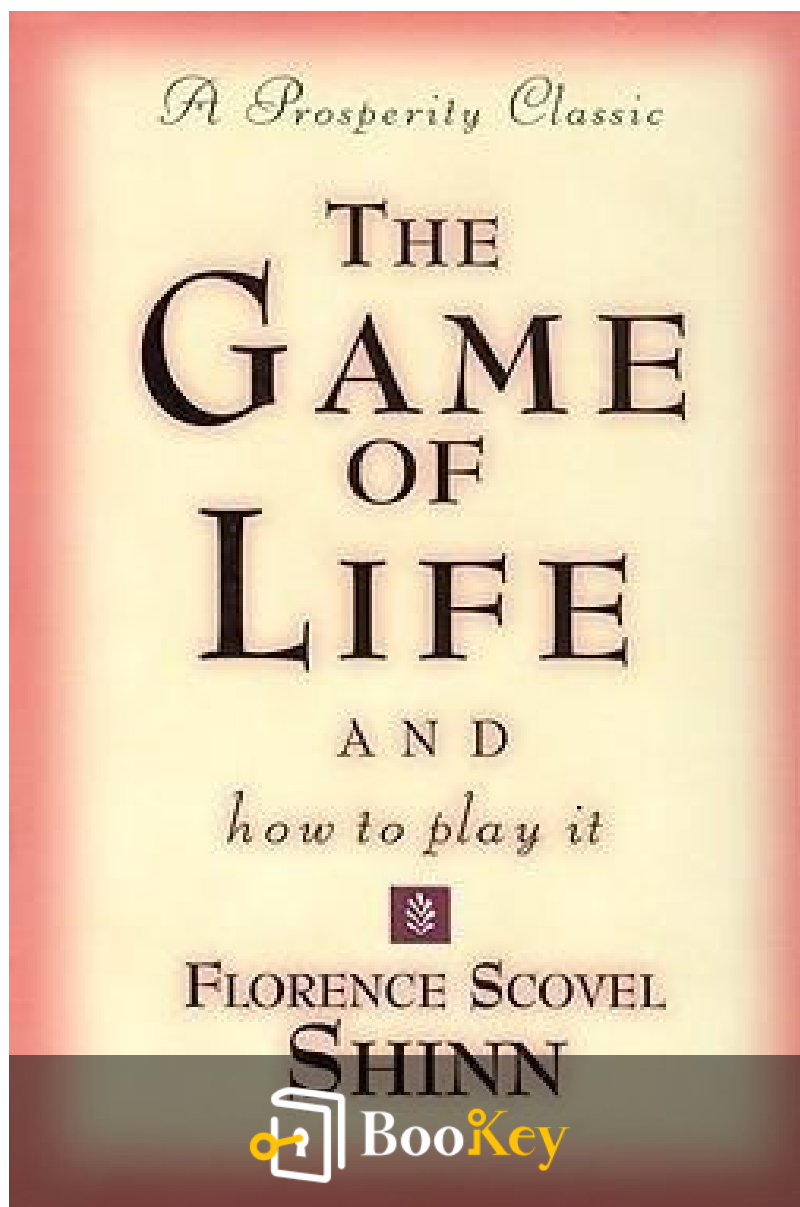


# The Game of Life and How to Play It PDF

Florence Scovel Shinn



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# The Game of Life and How to Play It

Unlocking Prosperity Through Timeless Principles  
and Practical Wisdom

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## About the book

In her timeless classic, \*The Game of Life and How to Play It\*, Florence Scovel Shinn emerges as a practical and relatable voice in the realm of prosperity literature. Her engaging style brings to life essential principles of success, offering readers insightful guidance on navigating life's challenges. Drawing on enduring wisdom, Shinn's work continues to inspire and empower individuals to harness their potential and embrace the path to abundance.

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## About the author

Florence Scovel Shinn (September 24, 1871 – October 17, 1940) was an influential American artist, book illustrator, and metaphysical writer whose work emerged from the New Thought movement. Gaining recognition as a spiritual teacher in her later years, her seminal book, *\*The Game of Life and How to Play It\** (1925), has left a lasting impact on the field. Shinn's writings, including *\*Your Word Is Your Wand\**, echo the philosophies of early New Thought leaders such as Phineas Quimby and the Fillmores, and have been celebrated by contemporary authors like Louise Hay as profound influences in the realm of personal empowerment and spirituality. Her works continue to inspire readers through various formats, including recent audiobook adaptations.

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# Summary Content List

Chapter 1 : The Game

Chapter 2 : The Law of Prosperity

Chapter 3 : The Power of the Word

Chapter 4 : The Law of Nonresistance

Chapter 5 : The Law of Karma and the Law of Forgiveness

Chapter 6 : Casting the Burden Impressing the Subconscious

Chapter 7 : Love

Chapter 8 : Intuition or Guidance

Chapter 9 : Perfect Self Expression or the Divine Design

Chapter 10 : Denials and Affirmations

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## Life as a Game

- Life is not a battle; it is a game governed by spiritual laws.
- The key principle is “Giving and Receiving,” reflecting the idea that what one sends out will return, like sowing and reaping.

## Role of Imagination

- Imagination is central to the game of life, influencing one’s circumstances and outcomes.
- Proverbs 4:23 emphasizes guarding the heart (or imagination), as it shapes reality.

## Mind's Functionality

- The mind has three parts: subconscious, conscious, and superconscious.

-

### Subconscious

: A powerful force that acts on what is deeply felt or imagined.

-

### Conscious



: The aspect of the mind that perceives reality as it appears, including fears and limitations.

-

## **Superconscious**

: The realm of divine ideas and one's true destiny, linked to perfect potential.

## **Selecting the Right Path**

- Pursuing divine selection over personal desires can lead to fulfillment.
- Seeking the “kingdom of God” within oneself is crucial to access right ideas and align with one's true purpose.

## **Power of Words**

- Words create one's reality, as reflected in Proverbs 18:21, which states that death and life are in the power of the tongue.
- Negative self-talk can manifest undesirable circumstances, whereas positive affirmation leads to prosperity.

## **Transforming Reality**

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- Changing mental images and spoken words can alter one's life conditions.
- Faith must replace fear to allow for positive outcomes and the fulfillment of desires.

## **Concluding Thoughts**

- The objective of life is to focus on good and eliminate thoughts of evil by impressing the subconscious with positive affirmations.
- New, empowering records can be created by consciously choosing thoughts and words, thus allowing individuals to complete the game of life successfully.

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## Example

**Key Point:** Life operates like a game with rules, and your thoughts and words are your playing pieces.

**Example:** Imagine you're playing a board game where your every move is dictated by your choices. If you believe in abundance and speak affirmatively about your financial goals, you begin to encounter opportunities for prosperity. Conversely, if you focus on lack and speak negatively about your financial situation, you find yourself trapped in a cycle of missed chances and dissatisfaction. Your imagination shapes your actions, and by guarding it against limiting beliefs, you can unlock pathways to success.

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## Critical Thinking

**Key Point:** Imagination plays a crucial role in shaping our reality and outcomes.

**Critical Interpretation:** Florence Scovel Shinn suggests that through imagination, individuals can influence their lives significantly, where positive thoughts and visualizations manifest beneficial circumstances.

However, this viewpoint raises questions about the complexity of life experiences. Not all situations can be improved merely by imagination or positive affirmations, and external factors often play a substantial role. The reality of socioeconomic status, mental health conditions, and unpredictable events cannot be overlooked in this philosophy. Critics, such as psychologists who emphasize cognitive-behavioral approaches, argue for a more nuanced understanding of how thoughts affect our realities, acknowledging that while mindset is important, it must operate within the framework of real-world challenges. Sources like "The Power of Now" by Eckhart Tolle and research on the impact of mental health on life outcomes substantiate this balanced view.



# Chapter 2 Summary : The Law of Prosperity



Section	Summary
Key Message	The source of supply is God, and individuals can access their divine rights through faith in their spoken words, which are powerful forces shaping reality.
Faith and Affirmation	A woman's experience with financial distress illustrates the power of faith in affirmations; her declaration of receiving money led to a miraculous resolution.
Preparation for Abundance	Individuals must prepare for their desires even without visible evidence, acting as if their desires are fulfilled, as shown in biblical stories.
Overcoming Doubt and Fear	Doubt and fear are identified as mental barriers to achieving goals. Difficult periods can precede breakthroughs, urging individuals to maintain a vision of success.
Visualization and Manifestation	A person's vision limits their achievements; holding a vision of abundance is crucial for manifesting desires, akin to the Israelites possessing visible lands.
The Role of Support	Support from others is encouraged, as external belief can help overcome doubts and maintain focus on success.
Conclusion	The chapter emphasizes that belief from others can prevent failure, highlighting the power of shared vision in achieving aspirations.

## Chapter 2: The Law of Prosperity

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## **Key Message**

The chapter emphasizes that God is the source of man's supply, and individuals can access their divine rights through faith in their spoken words. Words and thoughts are depicted as powerful forces shaping our reality.

## **Faith and Affirmation**

The importance of having perfect faith in one's affirmations is illustrated through a woman's experience with financial distress. Despite initial setbacks, her declaration that she would receive the needed money demonstrated her faith, leading to a miraculous resolution.

## **Preparation for Abundance**

The need to prepare for what one desires even in the absence of visible evidence is highlighted. Examples from biblical stories illustrate this principle, emphasizing that one must act as though their desires are already fulfilled.

## **Overcoming Doubt and Fear**

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The chapter addresses the common mental barriers—doubt and fear—that arise when pursuing goals. It suggests that periods of difficulty often precede significant breakthroughs, urging individuals to maintain a vision of success.

## **Visualization and Manifestation**

It is stressed that a person's vision limits their achievements. Just as the Israelites were instructed to possess only the land they could see, so too must individuals focus on their aspirations without fear. Holding a vision of abundance is crucial for manifesting desires.

## **The Role of Support**

Seeking support from others is encouraged, as external belief can help individuals overcome their doubts. Friends or mentors can provide the necessary perspective to maintain focus on success.

## **Conclusion**

The chapter concludes by reinforcing that no one can truly fail if another person believes in their success. The power of



shared vision is underscored as integral to achieving one's aspirations.

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# Chapter 3 Summary : The Power of the Word

## Chapter 3: The Power of the Word

### The Importance of Words

Understanding the power of spoken words encourages individuals to be mindful of their conversation. Words shape one's reality and continuously define successes and failures. Personal stories highlight contrasting beliefs, showcasing how affirmations impact life outcomes, reinforcing the idea that one creates their own laws through speech.

### Symbols of Luck

Objects like horseshoes or lucky charms derive their power from belief, rather than inherent qualities. While these symbols can provide temporary hope, true spiritual advancement requires individuals to rely solely on God, relinquishing dependence on physical tokens.



## **Changing Beliefs**

A shift in mindset can transform experiences and perceptions. Individuals must assert that there is only one power—God—to overcome fears and limiting beliefs. Embracing courage can lead to the removal of obstacles that fear brings into one's life.

## **The Law of Nonresistance**

Fear attracts negative experiences. By facing fears, one can dissipate the very situations that instigate those fears. The invisible forces of attraction mean that negative speech can create negative realities.

## **The Impact of Speech**

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# Chapter 4 Summary : The Law of Nonresistance

## Chapter 4: The Law of Nonresistance

### Overview

This chapter discusses the principle of nonresistance and its power, emphasizing that true strength lies in the ability to remain nonresistant to negativity.

### The Power of Nonresistance

Nonresistant individuals are depicted as invincible, akin to water, which can erode even the hardest rocks without forceful resistance. The chapter highlights Jesus' teaching to "resist not evil," suggesting that evil is an illusion stemming from the duality of good and evil created by human thought.

### Illusions and Human Belief

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The notion of evil is framed as a false law imposed by mankind through deep-seated beliefs and fears, creating a paradigm where one's subconscious reflects personal illusions. Individuals often project their inner conflicts onto their external realities, showcasing that one's thoughts shape their circumstances.

## **Influence of Others**

Children, being sensitive and receptive, may embody the fears and expectations of their parents. The text warns that individuals must take charge of their subconscious to avoid being influenced by others' negative thoughts. Proper mindset and positive thinking can shield one from external negativity.

## **Success through Nonresistance**

The chapter shares anecdotes to illustrate the transformative power of nonresistance, including one about a woman who shifted her perception of a challenging business relationship, manifesting success instead of failure. By blessingly engaging with negative situations, individuals can transmute potential problems into opportunities.



## **Mindset and Spiritual Understanding**

Furthermore, it argues that nonresistance is crucial to personal growth; addressing internal disharmony is often necessary to resolve external conflicts. It emphasizes the significance of living in the present while maintaining a forward-looking, positive outlook.

## **Affirmations and Daily Practices**

To harness the benefits of nonresistance, affirmations and positive thinking should be integrated into daily routines. The chapter provides examples of affirmations that foster a constructive mindset and emphasizes the importance of customizing these affirmations to resonate personally.

## **Conclusion**

The core message is that embracing nonresistance enables individuals to navigate life's challenges with grace, transforming perceived adversities into avenues for fulfillment and success. By aligning thoughts and actions toward positivity, one can enhance their circumstances and experience a life of abundance.



## Example

**Key Point:** Embracing Nonresistance

**Example:** Imagine facing criticism at work; instead of reacting defensively, you calmly acknowledge it, allowing the feedback to flow through you without resistance. By choosing to absorb the information and remain composed, you not only protect your peace but also open yourself up to growth. This nonresistant approach transforms potential conflict into a chance for self-improvement and demonstrates true strength. It empowers you to defuse negativity, shifting the narrative from adversarial to constructive, leading to greater success and fulfillment.

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# Chapter 5 Summary : The Law of Karma and the Law of Forgiveness

## Chapter 5: The Law of Karma and the Law of Forgiveness

### Overview of Karma

- The law of Karma emphasizes that individuals receive what they give, as their thoughts, deeds, and words return to them accurately over time.
- Karma, derived from Sanskrit meaning "comeback," signifies the principle of cause and effect: "Whatever a man soweth, that shall he also reap."

### Illustrations of Karma in Life

- A personal anecdote illustrates this law; a woman experiences her own words mirrored back to her by her aunt and then by another acquaintance, highlighting the rapid return of her Karma due to her high consciousness.



- Higher knowledge of spiritual laws increases one's responsibility, leading to greater consequences if the knowledge is ignored.

## **Spiritual Laws and Personal Will**

- Adherence to spiritual laws is crucial, as ignoring them can lead to negative outcomes.

- Personal will can disrupt the manifestation of one's desires; relinquishing personal will allows divine intelligence to operate harmoniously.

## **The Power of Desire**

- Desire can manifest in reality, but it must be aligned with divine will—asking for what is one's divine right ensures positive outcomes.

- A story highlights a woman's strong desire for a house that leads to unintended consequences, reinforcing that personal desires should align with higher spiritual truths.

## **The Law of Forgiveness**

- The law of forgiveness neutralizes past negative actions; it

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is foundational in Christianity, which offers redemption from the consequences of Karma.

- Using forgiveness can transform situations, as demonstrated by a woman successfully returning a counterfeit bill to the bank with a positive approach.

## **The Role of Order and Trust**

- To receive abundance, one must embody a mindset of order and readiness to accept wealth.

- Confidence in God's supply and faith in abundance are vital; joyous spending with wisdom invites prosperity.

## **Overcoming the World Thought**

- Jesus taught that a higher law exists—the law of grace, which transcends the law of Karma, providing blessings beyond what one could earn through actions alone.

- By overthrowing worldly beliefs in sin, sickness, and death, one can achieve true spiritual liberation and eternal life through mental transformation.

## **Conclusion**

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- Mastery over personal desires and understanding the spiritual laws can lead to a life of abundance and fulfillment, freeing man from the burdens of Karma and leading to a state of grace.

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## Critical Thinking

**Key Point:** The concept of Karma emphasizes the inextricable link between one's actions and their eventual consequences.

**Critical Interpretation:** While Florence Scovel Shinn advocates for the Law of Karma as a foundational principle of cause and effect, readers should critically evaluate this perspective. The belief that one's thoughts and deeds undoubtedly return to them may be overly simplistic and deterministic, ignoring the complexities of life circumstances and human agency. Various philosophical perspectives, such as existentialism, argue for the inherent randomness in life, suggesting that not every action results in immediate or proportional reactions. Additionally, insights from psychological studies on forgiveness and the impact of situational factors on human behavior challenge the absoluteness of Karma. Therefore, while Shinn's spiritual interpretations can inspire introspection, one should be cautious in accepting her views without considering other viewpoints. Comprehensive discussions can be found in works like



# Chapter 6 Summary : Casting the Burden Impressing the Subconscious

## Chapter 6: Casting the Burden

### Impressing the Subconscious

The essence of effectively influencing the subconscious mind lies in knowing one's powers and the operational dynamics of thought. Merely understanding the Truth intellectually is insufficient to elicit tangible outcomes. The author emphasizes the technique of "casting the burden" as a straightforward method for this purpose.

### Overcoming World Vibration

The text references a metaphysician's explanation of gravity and how Jesus Christ embodied a state of lightness and ease in burdens through overcoming worldly vibrations. This idea is further encapsulated in biblical verses promoting the notion of surrendering burdens to a higher power or



superconscious mind.

## **Casting the Burden**

Carrying burdens, defined as negative thoughts or conditions rooted in the subconscious, constitutes a violation of natural laws. The author illustrates that it's crucial to "cast the burden" upon the superconscious, where negative beliefs can dissolve, allowing for positive manifestations such as abundance or resolution of personal conflicts.

## **Affirmations and Active Faith**

Repeating affirmations like "I cast this burden on the Christ within, and go free" is introduced as a vital practice that helps clear the mind, making way for positive changes. The chapter contends that maintaining an active faith through organized actions can facilitate personal transformations. as

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Alex Walk

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# Chapter 7 Summary : Love

## Chapter 7: Love

### Introduction to Love

Every person experiences initiation in love, as emphasized by the commandment to love one another. Ouspensky describes love as a cosmic phenomenon that leads to a higher understanding of life.

### Nature of Real Love

True love is selfless, free from fear, and involves giving without expecting anything in return. It is a manifestation of God and serves as a powerful magnetic force. People often misunderstand love, allowing jealousy and selfishness to distort their feelings, which can lead to losing loved ones.

### Experiencing Jealousy and Resentment

A woman suffering from jealousy and resentment was



advised that her feelings towards her partner were not love but hate. She was encouraged to express unselfish love, bless him without conditions, and eventually found peace, leading to a positive change in her relationship.

## **Divine Perspective in Relationships**

The importance of saluting the divinity in others is highlighted, suggesting that seeing others through a divine lens can transform relationships. Over time, a change in perspective can lead to personal harmony and fulfillment.

## **Lessons from Relationships**

Relationships serve as teachers, helping individuals learn about selfless love. Suffering is seen as a result of not adhering to spiritual laws, and often serves as a wake-up call for personal growth.

## **Indifference and Its Consequences**

Indifference in relationships can lead to unhappiness and separation. Both partners should actively inspire and appreciate each other to foster a loving relationship.



## **Attitude Towards Work and Money**

Success in career depends on love and passion for one's work. A negative attitude towards money creates an emotional barrier to wealth. Money must be treated as a beneficial resource, kept in circulation, and used wisely.

## **The Dangers of Hoarding**

Hoarding money and possessions can lead to personal deterioration and unhappiness, as demonstrated through the story of a woman whose obsession with her wealth resulted in her demise.

## **Healing Through Love**

Practicing love and goodwill in business relationships fosters better environments. Additionally, resolving past wrongs with kindness can improve one's emotional health.

## **The Role of Fear and Protection**

Fear can manifest harm, especially in the context of caring

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for loved ones. A proactive and loving mindset can help mitigate concerns about loved ones' safety. Affirming divine protection can lead to real-life safety and security.

## **Conclusion of Love's Impact**

Perfect love dispels fear, fulfilling the spiritual law of love and ensuring protection and positivity in one's life. True love is essential for personal and spiritual wellbeing.

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# Chapter 8 Summary : Intuition or Guidance

## Chapter 8: Intuition or Guidance

### Power of Words and Intuition

A person who understands the power of their spoken words can initiate unseen forces and reshape their reality. It's crucial to select affirmations thoughtfully, as these words can invoke divine supply for every need.

### Asking and Following Leads

Individuals must take the initiative in their spiritual journey. After expressing a desire for guidance, one should await intuitive insights, which may arrive unexpectedly through thoughts, comments, or literature.

### The Role of Giving in Receiving

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Giving activates the flow of abundance. Tithing (giving a portion of income) has historically proven to attract increase. The intention behind giving is significant; it should be done joyfully and without fear.

## **Wealth and Vision**

Limited perceptions can restrict one's supply. Achieving a clear vision of one's desires and acting on them is essential. Seeking the "right position" rather than just "a position" is essential for fulfillment.

## **Intuitive Guidance in Daily Life**

Intuitive feelings often direct individuals unnoticed toward opportunities for assistance or personal growth. Experiences may reveal that the pursuit of one goal leads to unexpected yet beneficial outcomes.

## **Spiritual Correspondence of Health and Finances**

Physical health may mirror one's mental state, and disorganization in one's life can manifest as physical ailments. Healing requires addressing root causes in one's

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thoughts and environments.

## **Consequences of Condemnation**

Negative judgments can attract similar experiences into one's life. Therefore, forgiveness and blessing others are crucial steps in moving beyond harmful situations.

## **Dealing with Indecision**

Individuals can overcome indecision by affirming their ability to make quick, inspired choices. Avoiding reliance on psychic means is advised, as it can foster confusion and uncertainty.

## **Embracing Divine Surprises**

Expectations should be flexible, and perceived setbacks may be divine interventions leading to better outcomes. Forgiveness plays a key role in accessing divine resources.

## **Manifesting Abundance**

Working spiritually involves recognizing the continuity of

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supply and trust that reclaiming what is rightfully one's will inevitably occur. Adversities can be opportunities for greater manifestations of abundance.

## **Final Reflections**

Every challenge presents an opportunity for spiritual growth and the demonstration of divine truth. By affirming one's intentions and staying open to divine guidance, individuals witness the inexhaustible nature of God's supply.

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# **Chapter 9 Summary : Perfect Self Expression or the Divine Design**

## **Chapter 9: Perfect Self Expression or the Divine Design**

### **Perfect Self-Expression**

Each individual has a unique path and the potential for perfect self-expression, which is part of their divine destiny. This perfect idea exists in the Divine Mind, awaiting recognition and manifestation by the individual.

### **Demand for Divine Design**

Individuals should seek clarity on their Divine Design by asking for it to be revealed. This leads to health, wealth, love, and a fulfilling experience of life. When one demands this, they may experience significant changes.

### **Manifestation of Self-Expression**

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Perfect self-expression feels effortless and engaging. Individuals are inherently supported by divine supply when they pursue their destiny, and spoken affirmations can unlock these resources.

## **Role of Inspiration**

Instead of forcing a mental picture, one should be open to divine inspiration that reveals their potential. Visualizing the accomplishment is key to manifestation.

## **Parental Guidance and Divine Expression**

Parents should not impose careers on children. Instead, spiritual truths can be invoked for the child's divine purpose from an early age.

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# Chapter 10 Summary : Denials and Affirmations

## Chapter 10: Denials and Affirmations

### Overview

In this chapter, Florence Scovel Shinn emphasizes the power of spoken word and thought in manifesting one's desires and spiritual aspirations. She stresses the importance of precise decrees and affirmations that align with divine ideas rather than idle or negative thoughts.

### Key Concepts

1.

#### Power of Decrees

- Decreeing should focus on divine ideas to manifest good in life.
- Careful wording of demands is crucial.



2.

## **Affirmations for Desires**

- Seek "divine selection" for desires like homes, friends, and positions.
- Use statements that invoke gratitude and grace, ensuring that requests are made for outcomes that are perfect and divinely timed.

3.

## **Financial Consciousness**

- Limitations in financial demands stem from subconscious beliefs.
- Increasing financial consciousness allows for greater abundance.

4.

## **The Importance of Faith**

- Faith is pivotal; affirmations should be made with the belief that they are already received.
- Visualizing versus visioning: Visioning connects to spiritual intuition for higher guidance.

5.

## **Letting Go**

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- Maintaining faith without wavering is essential for results.

- Sometimes manifestations occur when one releases control and lets divine intelligence take charge.

6.

## **Affirmations and Denials**

- Always follow a denial of negative circumstances with a positive affirmation.

- Examples of specific affirmations for various aspects of life (prosperity, health, guidance, etc.) are provided as practical tools for readers.

## **Practical Affirmations**

- For Prosperity: "God is my unfailing supply..."

- For Health: "Divine Love floods my consciousness with health..."

- For Right Conditions: "Every plan my Father in heaven has not planned..."

- For Guidance: "I am divinely sensitive to my intuitive leads..."



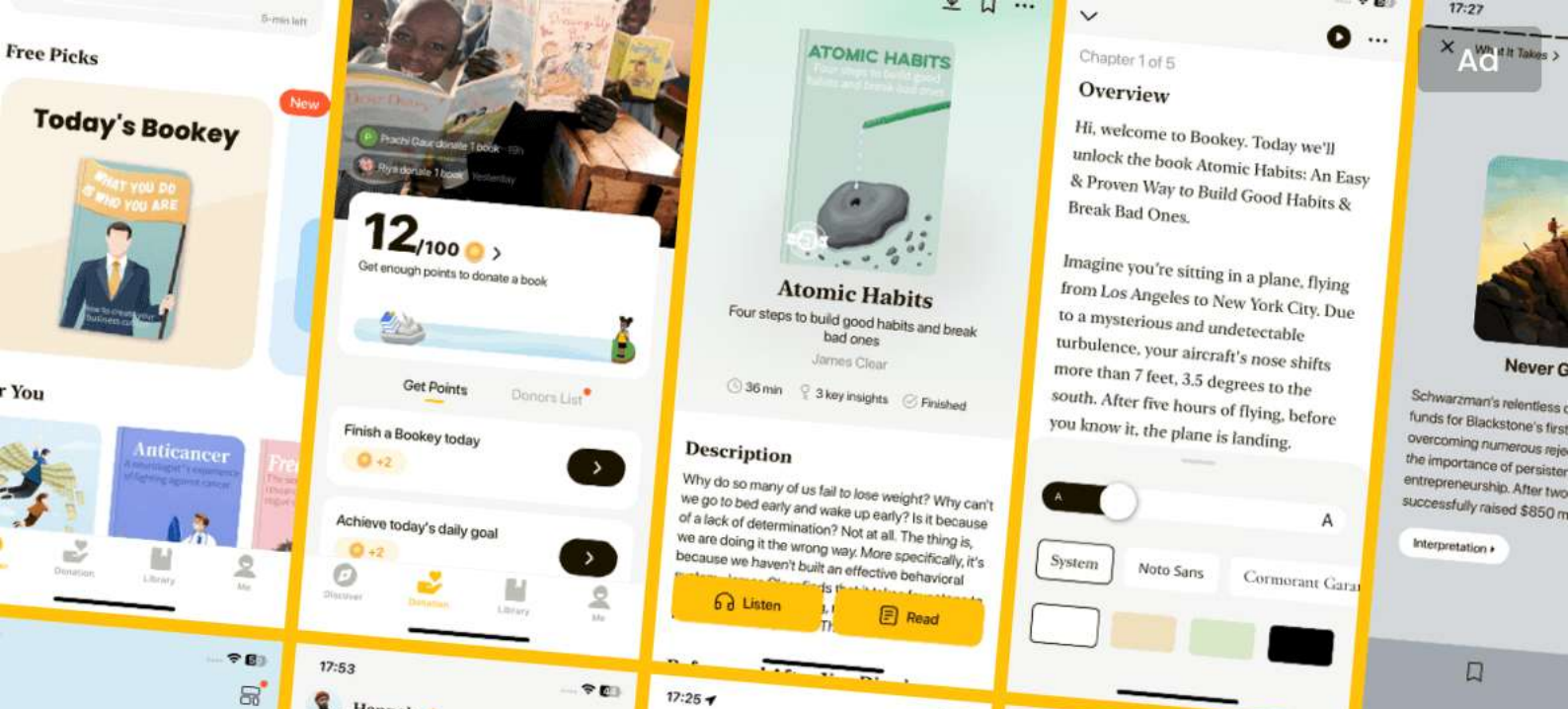
## Conclusion

Shinn encourages readers to adopt a mindset of abundance, leverage their inner self for healing and manifestation, and recognize the inherent power within their thoughts and words. The chapter ends with a call to transform one's life through constructive thinking and positive affirmations, highlighting the transformative power of the Christ within each individual.

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# Best Quotes from The Game of Life and How to Play It by Florence Scovel Shinn with Page Numbers

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## Chapter 1 | Quotes From Pages 5-10

1. Most people consider life a battle, but it is not a battle, it is a game.
2. Whatsoever a man soweth that shall he also reap.
3. Keep thy heart (or imagination) with all diligence, for out of it are the issues of life.
4. The imagination has been called, 'The Scissors of The Mind,' and it is ever cutting, cutting, day by day, the pictures man sees there.
5. Speak these words aloud, with power and conviction: 'I now smash and demolish (by my spoken word) every untrue record in my subconscious mind.'
6. Death and Life are in the power of the tongue.

## Chapter 2 | Quotes From Pages 11-15

1. God is man's supply and that man can re

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through his spoken word, all that belongs to him  
by divine right.

2.All things whatsoever ye ask in prayer, believing, ye shall receive.

3.Man must prepare for the thing he has asked for, when  
there isn't the slightest sign of it in sight

4.The children of Israel were told that they could have all the  
land they could see.

5. God doesn't need any time and is never t

6.If two of you shall agree on earth as touching anything that  
they shall ask, it shall be done for them of my Father which  
is in heaven.

### **Chapter 3 | Quotes From Pages 16-20**

1.A person knowing the power of the word becomes  
very careful of his conversation. He has only to  
watch the reaction of his words to know that they  
do °not return void.°

2.Curses, like chickens, come home to roost.

3.The body may be renewed and transformed through the



spoken word and clear vision, and disease be completely wiped out of the consciousness.

4. It is the law of nonresistance, which is so little understood.

5. There is peace on earth for him who sends man!

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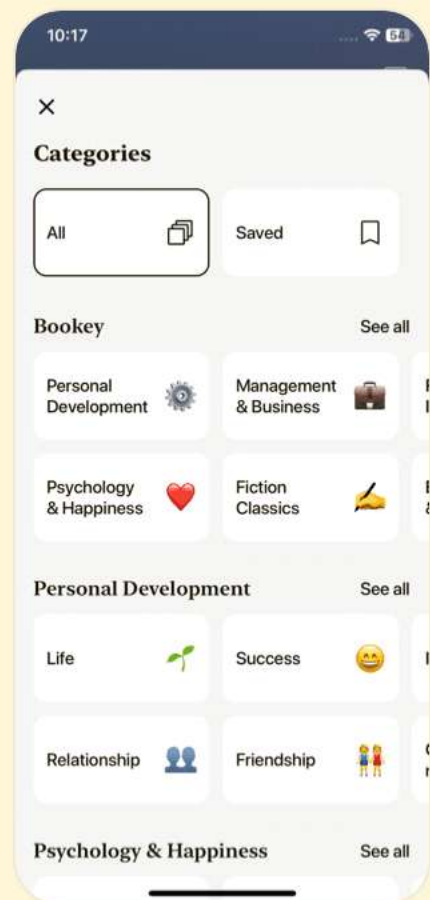
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## Chapter 4 | Quotes From Pages 21-26

- 1.Nothing on earth can resist an absolutely nonresistant person.
- 2.Resist not evil, for He knew in reality, there is no evil, therefore nothing to resist.
- 3.Every man is a golden link in the chain of my good.
- 4.Bless your enemy, and you rob him of his ammunition.
- 5.One's ships come in over a calm sea.
- 6.Look well, therefore, to this Day! Such is the salutation of the Dawn.
- 7.It is man's divine right to have plenty! More than enough!

## Chapter 5 | Quotes From Pages 27-32

- 1.Man receives only that which he gives. The Game of Life is a game of boomerangs. Man's deeds and words, return to him sooner or later, with astounding accuracy.
- 2.The perfect idea of man, registered in Divine Mind, awaiting man's recognition; for man can see himself to be, and only attain what he sees himself



attaining.

3. Man should always demand only that which is his by divine right.

4. Infinite Intelligence, give me the right house, equally as charming as this, the house which is mine by divine right.

5. The law always stands back of the man who spends fearlessly, with wisdom.

6. Under grace, and not under law.

## **Chapter 6 | Quotes From Pages 33-38**

1. The only thing which gives anything weight in nature, is the law of gravitation, and if a boulder could be taken high above the planet, there would be no weight in that boulder; and that is what Jesus Christ meant when he said: 'My yoke is easy and my burden is light.'

2. I cast this burden of lack on the Christ (within) and I go free to have plenty!

3. The statement should be made over and over and over, sometimes for hours at a time, silently or audibly, with



quietness but determination.

4. Fear is misdirected energy and must be redirected, or transmuted into Faith.

5. In the twinkling of an eye, man's release will come when he realizes there is no power in evil.

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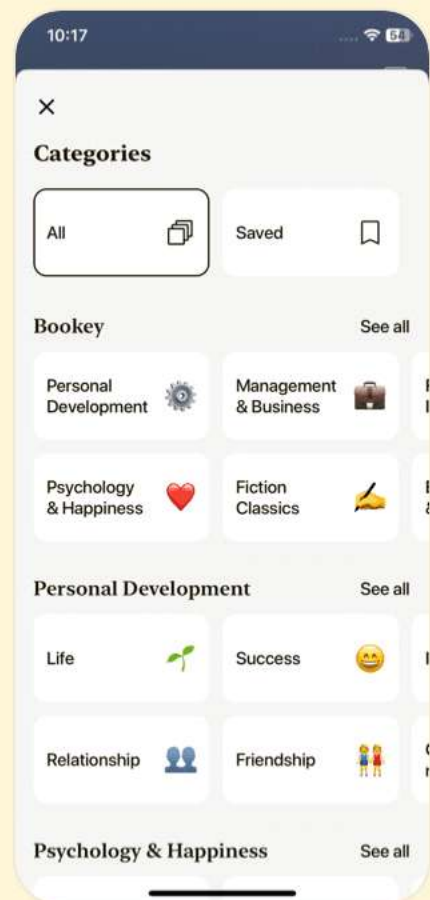
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## Chapter 7 | Quotes From Pages 39-45

1. Every man on this planet is taking his initiation in love. 'A new commandment I give unto you, that ye love one another.'
2. Real love is selfless and free from fear. It pours itself out upon the object of its affection, without demanding any return.
3. You can never receive what you have never given. Give a perfect love and you will receive a perfect love.
4. When you send out real love, real love will return to you, either from this man or his equivalent.
5. No man is your enemy, no man is your friend, every man is your teacher.
6. Suffering is not necessary for man's development; it is the result of violation of spiritual law.
7. Love seems almost a lost art, but the man with the knowledge of spiritual law knows it must be regained, for without it, he has 'become as sounding brass and tinkling cymbals.'



8. 'Perfect love casteth out fear.' He that feareth is not made perfect in love, and 'Love is the fulfilling of the Law.'

## **Chapter 8 | Quotes From Pages 46-51**

1. There is nothing too great of accomplishment for the man who knows the power of his word, and who follows his intuitive leads.
2. Ask and ye shall receive.
3. Giving opens the way for receiving.
4. The thought came quickly, 'Give a certain friend a hundred dollars.'
5. Indecision is a stumbling-block in many a pathway.
6. Intuition is a spiritual faculty and does not explain, but simply points the way.
7. There is no loss in divine mind, therefore, I cannot lose anything which belonged to me by divine right.
8. I will restore to you the years the locusts have eaten.

## **Chapter 9 | Quotes From Pages 52-58**

1. There is for each man, perfect self expression. There is a place which he is to fill and no one else



can fill, something which he is to do, which no one else can do; it is his destiny!

2.The perfect plan includes health, wealth, love and perfect self expression. This is the square of life perfect happiness.

3.The thing man seeks is seeking him - the telephone was seeking Bell!

4.One should not visualize or force a mental picture. When he demands the Divine Design to come into his conscious mind, he will receive flashes of inspiration, and begin to see himself making some great accomplishment.

5.So as we read in the previous chapters; man can only vanquish fear by walking up to the thing he is afraid of.





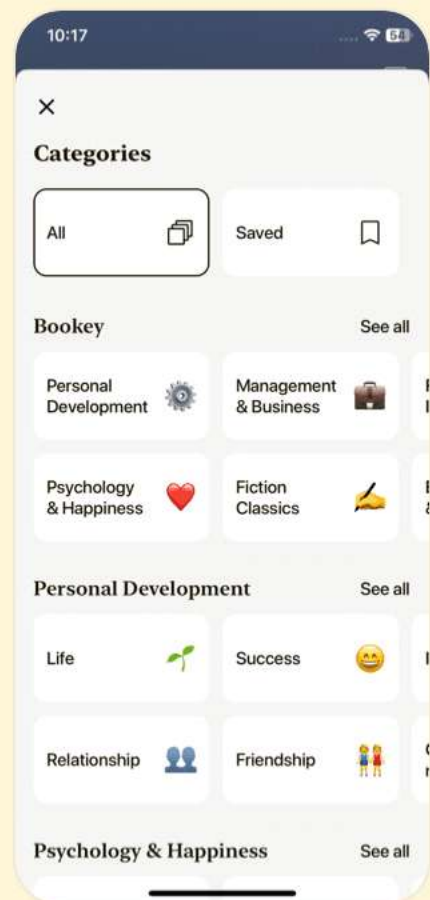
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## Chapter 10 | Quotes From Pages 59-65

1. Thou shalt decree a thing, and it shall be established unto thee.
2. Infinite Spirit, open the way for my right home, my right friend, my right position. I give thanks it now manifests under grace in a perfect way.
3. Every man has within himself a gold nugget; it is his consciousness of gold, of opulence, which brings riches into his life.
4. When a student starts out to demonstrate, he should never turn back. Let not that man who wavers think that he shall receive anything of the Lord.
5. The desert shall rejoice and blossom as the rose.
6. I have a perfect work in a perfect way; I give a perfect service for perfect pay.





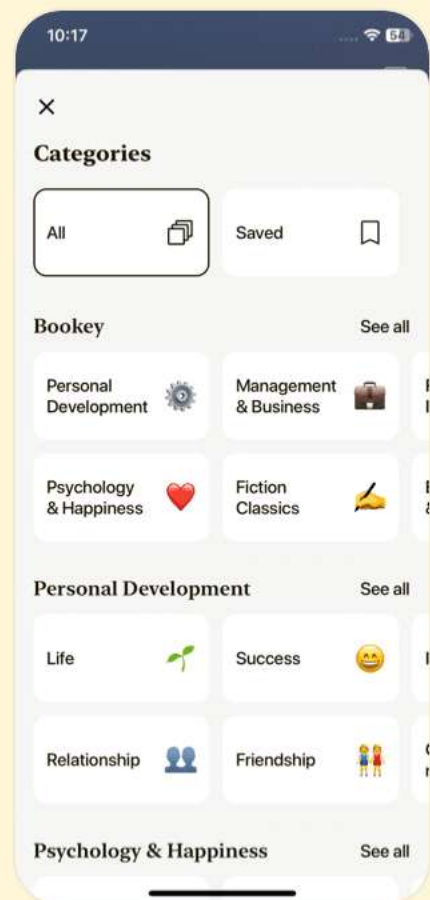
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# The Game of Life and How to Play It

## Questions

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### Chapter 1 | The Game| Q&A

#### 1.Question

**What is the main premise of life according to Florence Scovel Shinn?**

Answer:Life is not a battle, but a game that can be successfully played by understanding spiritual laws.

#### 2.Question

**What are the rules of the game of life?**

Answer:The Old and New Testaments outline the rules, emphasizing that life is about 'Giving and Receiving', where whatever you give out, you will receive back in kind.

#### 3.Question

**How does the concept of sowing and reaping apply to relationships?**

Answer:If you give out negative feelings like hate or criticism, you will receive negativity in return; however,

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giving love will bring love back into your life.

#### 4.Question

**What role does imagination play in shaping one's reality?**

Answer:Imagination is crucial as it has the power to manifest one's desires; what you image clearly and deeply is impressed upon your subconscious and ultimately realized in your life.

#### 5.Question

**Can you provide an example of how distorted imagination can negatively impact an individual?**

Answer:A man who constantly feared a rare disease ended up manifesting it in his life, demonstrating the dangers of focusing on negative thoughts.

#### 6.Question

**What is the difference between the subconscious, conscious, and superconscious mind?**

Answer:The subconscious mind is a powerful force that operates without direction; the conscious mind sees reality as it appears; the superconscious mind is the realm of perfect ideas and divine design.

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## 7.Question

**Why is it essential to know your true destiny?**

Answer:Many people chase after things that do not align with their true destiny, leading to dissatisfaction and failure; understanding your destiny helps you attract what truly belongs to you.

## 8.Question

**What is the 'law of substitution' mentioned in the chapter?**

Answer:This law states that when a right idea is accepted, it can replace a wrong one without loss, as demonstrated when a woman let go of her attachment to an unsuitable man and found a more suitable partner.

## 9.Question

**How can one's words influence their reality?**

Answer:As per Jesus Christ's teaching, our words have the power to justify or condemn us; idle or careless words can lead to disaster, while positive affirmations can attract abundance.

## 10.Question

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## **What does Florence Scovel Shinn say about the nature of fear?**

Answer: Fear is seen as the only true enemy, often manifesting as fear of lack or failure; substituting faith for fear can lead to positive outcomes.

### **11.Question**

#### **How does one manifest their highest ideals?**

Answer: By affirming their desires with confidence, visualizing them without doubt, and taking steps guided by intuition, individuals can bring their aspirations into reality.

### **12.Question**

#### **What does the phrase 'Death and Life are in the power of the tongue' imply?**

Answer: It emphasizes the significant impact of our words and thoughts on our lives, suggesting that we can create either positive or negative experiences through what we say.

### **13.Question**

#### **What is the importance of faith according to Shinn?**

Answer: Faith is crucial as it empowers individuals to wish without worrying, enabling swift manifestation of their



desires.

### **14.Question**

**How can individuals improve their mental imagery to achieve better outcomes?**

Answer:By actively training their imagination to visualize positive scenarios and consciously impressing their subconscious with empowering ideas.

### **15.Question**

**What practical advice does Shinn provide for changing one's circumstances?**

Answer:To change your conditions, you must start changing your words and effectively communicate your desires to bring about the desired results.

## **Chapter 2 | The Law of Prosperity| Q&A**

### **1.Question**

**How can one release their divine supply according to the teachings in this chapter?**

Answer:One can release their divine supply through the spoken word, having perfect faith in what they speak, as God is man's supply.



## 2.Question

**What does Isaiah's message imply about the power of words?**

Answer:Isaiah's message implies that words are powerful and, when spoken with faith, they will accomplish their intended purpose without returning void.

## 3.Question

**What lesson can we learn from the woman's experience with her cousin?**

Answer:We learn that acting as if you have already received what you ask for can make a significant difference. Her faith and actions led to a miraculous manifestation of the money she needed.

## 4.Question

**What attitude should one adopt when facing seeming impossibilities?**

Answer:One should maintain a positive attitude and act as if the solution is already in place, as demonstrated by the woman who confidently sought an apartment despite the odds.



## 5.Question

**How does the story of the three kings illustrate the law of prosperity?**

Answer:The three kings illustrate the law of prosperity by showing that one must prepare for what they ask for, even when it feels like there is no evidence to support that it will happen.

## 6.Question

**What is the significance of 'digging ditches' as mentioned in the chapter?**

Answer:'Digging ditches' signifies preparing for abundance and success by taking proactive steps, even in the absence of visible signs that their prayers will be answered.

## 7.Question

**What can be inferred about the relationship between belief and manifestation?**

Answer:It can be inferred that belief and the mental image of receiving are crucial since one can only manifest what they can see themselves receiving.

## 8.Question



## **What role do affirmations play in overcoming doubt and fear?**

Answer: Affirmations help to combat doubt and fear, reinforcing a positive belief that what one desires is already on its way to them.

### **9.Question**

## **Why is it often said that it's 'darkest before the dawn' in the context of spiritual demonstrations?**

Answer: This saying reflects that significant breakthroughs often come after periods of struggle and doubt, making it crucial to hold onto faith and truth during challenging times.

### **10.Question**

## **How can the presence of supportive individuals influence success?**

Answer: The presence of supportive individuals can provide belief and clarity that help someone maintain their vision, influencing their success profoundly.

## **Chapter 3 | The Power of the Word| Q&A**

### **1.Question**

## **What example illustrates the power of belief in shaping**

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## **one's reality?**

Answer: The contrasting beliefs of a man and his daughter about catching a car highlight the power of belief. The man believed he always missed the car, which led to a consistent experience of failure, while the daughter believed she would always catch it, resulting in her success. This illustrates how our spoken words and beliefs create our personal laws and experiences.

## **2.Question**

### **How can words impact one's health and well-being?**

Answer: The chapter indicates that continual criticism and negative thoughts can manifest as physical ailments, such as rheumatism or other diseases. It emphasizes that healing begins in the mind and soul, suggesting that positive affirmations and loving thoughts can renew the body and spirit.

## **3.Question**

### **What does the text suggest regarding the relationship**



## **between fear and obstacles?**

Answer: Fear is portrayed as an attractive force that can manifest obstacles in our path. For instance, a woman was paralyzed by her fear of walking under a ladder, but by facing this fear, the ladder disappeared, symbolizing that courage can dissolve obstacles.

## **4.Question**

**What lesson does the anecdote about the 'lucky monkeys' convey?**

Answer: The 'lucky monkeys' story teaches that relying on material tokens for success can divert one from the true source of power, which is God. By letting go of these superstitions and focusing on a higher spiritual law, individuals can regain control and attract true prosperity.

## **5.Question**

**What is the significance of forgiveness in the context of healing and personal growth?**

Answer: Forgiveness is highlighted as a powerful tool for healing. The woman with the skin disease experienced a



complete healing after she chose to forgive and release feelings of hatred, demonstrating that emotional and spiritual health significantly affect physical well-being.

### 6.Question

**How does the chapter define the relationship between love and success?**

Answer:The chapter illustrates that love and goodwill are central to success. By wishing success for others rather than harboring jealousy or resentment, one attracts positive outcomes in their own life.

### 7.Question

**What is the key message about the spoken word in one's daily life?**

Answer:Words are described as having vibratory power that attracts corresponding experiences. Therefore, one must be intentional and careful with their words, aiming to heal, bless, and prosper not only themselves but others as well.

### 8.Question

**How can one transform their subconscious beliefs?**

Answer:Transforming subconscious beliefs requires



affirmations that assert the oneness of God and the absence of adverse power. The practice of asserting positive outcomes leads to changes in the subconscious that can bring about happy surprises.

### 9.Question

**What essential truth about personal challenges and external circumstances does the text convey?**

Answer: The text conveys that personal challenges often arise from internal disharmonies. External situations reflect one's inner state; thus, resolving inner conflicts can change the external circumstances.

### 10.Question

**What overarching spiritual principle is emphasized throughout the chapter?**

Answer: The principle of 'one power, God' is emphasized, suggesting that recognizing this singular power removes the false dichotomy of good and evil, leading to a more harmonious and prosperous life.



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## Chapter 4 | The Law of Nonresistance| Q&A

### 1.Question

**What is the main idea behind the Law of Nonresistance?**

Answer:The Law of Nonresistance teaches that by not resisting negative situations or people, one can avoid their influence and instead transform failures into successes. Embracing this law allows for a flow of good fortune and blessings, rather than being trapped in conflict or negativity.

### 2.Question

**How does the concept of 'water' illustrate nonresistance?**

Answer:Water is described as the most powerful element because it is perfectly nonresistant. It can wear away rocks and reshape its environment without force, symbolizing how one can achieve great outcomes through acceptance and fluidity rather than resistance.

### 3.Question

**What did Jesus mean by 'Resist not evil'?**

Answer:Jesus' phrase 'Resist not evil' conveys the idea that



what we perceive as evil is an illusion born from dualistic thinking. By not resisting, we acknowledge a higher truth and allow for the possibility of transformation and grace.

#### 4.Question

**Why do children sometimes attract illness according to the author?**

Answer:Children may attract illness because they are sensitive to the fears and anxieties of those around them, particularly their parents. Their subconscious mind can mirror the negative thoughts held by adults, leading to negative outcomes.

#### 5.Question

**How can affirmations influence one's reality according to the text?**

Answer:Affirmations are powerful statements that can shape one's subconscious beliefs and reality. By affirmatively declaring one's intentions and feelings, an individual sets the stage for their desired experiences to manifest.

#### 6.Question

**What is the significance of the phrase 'Every man is a**

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## **golden link in the chain of my good'?**

Answer: This phrase emphasizes that every encounter and relationship is a potential source of goodness and support. It encourages unconditional love and gratitude, recognizing that every person plays a vital role in contributing to one's life journey.

## **7.Question**

**How can one reflect on and change their own negative behaviors based on others?**

Answer: One can recognize their own faults by observing them in others. This self-reflection can lead to personal growth and transformation as individuals understand that their perceptions and judgments reflect their own inner state.

## **8.Question**

**What caution does the author give against living in the past?**

Answer: The author cautions that dwelling in the past can hinder one's growth and ability to manifest desires. Instead, individuals should focus on the present moment, bless the



past, and prepare themselves for future opportunities.

### 9.Question

**What was the outcome of the woman who bought Christmas seals despite her lack of money?**

Answer:By buying actual Christmas seals and wrapping items, the woman opened herself up to abundance and proved her faith in the Universe's provision, which led her to receive a financial gift shortly thereafter, enabling her to buy gifts.

### 10.Question

**What should one do each morning to start the day positively?**

Answer:Each morning, one should create an affirmation or a positive intention for the day, establishing a mindset of expectancy and gratitude that aligns with their desired outcomes.

### 11.Question

**What principle underlies the idea that one's experiences reflect their inner state?**

Answer:The principle states that life is a mirror, reflecting one's own beliefs, thoughts, and emotional states.



Transforming one's internal reality is necessary to change one's external circumstances.

## 12.Question

**How important is the wording of affirmations according to the text?**

Answer: The wording of affirmations is crucial because they must be satisfying and convincing to the individual. Each affirmation should clearly cover all aspects of the desired outcome to effectively influence reality.

## Chapter 5 | The Law of Karma and the Law of Forgiveness| Q&A

### 1.Question

**What is the essence of the Law of Karma as presented in this chapter?**

Answer: The essence of the Law of Karma is that individuals receive the outcomes of their own thoughts, words, and deeds. As Florence Scovel Shinn illustrates, this means that what one puts out into the world, whether good or bad, will eventually return to that individual, mirroring the concept of a



boomerang.

## 2.Question

**How does the law of forgiveness relate to Karma?**

Answer: The law of forgiveness is highlighted as a means to transcend the effects of Karma. It is through forgiveness that one can be liberated from past mistakes and negative repercussions, essentially allowing for a fresh start and the ability to manifest a more positive reality.

## 3.Question

**Can you provide an example from the chapter illustrating the Law of Karma?**

Answer: An example from the chapter describes a woman who experienced a situation in which she expressed irritability toward her aunt at dinner and the very next day, she faced the same response from someone she wished to impress. This illustrates how the woman's negative words returned to her, reinforcing the idea of the Law of Karma.

## 4.Question

**What is the significance of 'seeing oneself' in connection with self image?**



Answer: The chapter emphasizes that a person can only achieve what they perceive themselves to be. This underlines the importance of self-image and recognition in shaping one's reality, as one's consciousness directly affects what they manifest in their life.

### 5. Question

**How does one attract what they fear, according to the text?**

Answer: The chapter indicates that fear serves as a magnet for undesirable outcomes. For instance, a mother worried about her daughter's hazardous trip ultimately attracted the very outcome she feared, demonstrating the law that we often manifest the very things we most fear.

### 6. Question

**What role does desire play in shaping one's fate as discussed in the chapter?**

Answer: Desire is described as a powerful force that, if not channeled correctly, leads to chaos and misfortunes. The text urges individuals to direct their desires towards what is



rightfully theirs by divine law, rather than forcing outcomes through personal will.

### 7.Question

**Can you explain how financial decisions relate to the Law of Forgiveness?**

Answer: The chapter notes that when one spends or gives fearlessly and wisely, they align with the flow of abundance, which is rooted in the Law of Forgiveness. For example, a woman who bought a toy for her nephew, realizing her fear of lack, was rewarded with finding the equivalent amount of money later, illustrating how divine trust returns wealth.

### 8.Question

**What is meant by 'standing still' and its importance?**

Answer: 'Standing still' refers to the practice of relinquishing control and trusting in divine outcomes rather than imposing personal will. This concept is crucial as it allows individuals to invite divine intelligence into their situations, leading to harmonious resolutions.

### 9.Question

**How does the chapter define true wealth?**

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Answer: True wealth is framed not only in monetary terms but also in terms of consciousness. One must cultivate a mindset of abundance and order in their life to attract riches, as demonstrated by the woman who organized her home and subsequently received financial blessings.

### 10. Question

**What higher law does Jesus Christ introduce, surpassing the Law of Karma?**

Answer: Jesus Christ reveals a higher law of grace or forgiveness, which allows individuals to escape the consequences of their past actions under the Law of Karma. Through this law, they can receive blessings without having to explicitly sow for them, illustrating the abundance of divine grace.

## Chapter 6 | Casting the Burden Impressing the Subconscious| Q&A

### 1. Question

**What is the key to impressing the subconscious mind quickly and effectively?**

Answer: The easiest way is to "cast the burden" onto



the superconscious mind, rather than attempting to direct the subconscious through conscious reasoning, which is often filled with doubts and fears.

## 2.Question

**How does the concept of casting burdens relate to biblical teachings?**

Answer:This concept echoes biblical teachings where it states, 'Cast thy burden upon the Lord.' It communicates that by transferring our burdens to the divine or the Christ within, we surrender our struggles and encounter relief.

## 3.Question

**Can you give an example of casting a burden and its outcome?**

Answer:A woman in urgent need of money relieved her anxiety by stating, 'I cast this burden of lack on the Christ (within) and I go free to have plenty!' Soon after, she experienced a flow of financial abundance.

## 4.Question

**What should one do when faced with situations of lack or**

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## **obstacles?**

Answer: One should maintain a mindset of gratitude and actively engage in the practice of casting burdens, reaffirming faith that deliverance will come, akin to 'seeing in the dark' until clarity is restored.

## **5.Question**

### **How can music aid in impressing the subconscious mind?**

Answer: Music has a fourth-dimensional quality that can uplift the soul and facilitate change; it enhances affirmations, making them more powerful and easier to internalize.

## **6.Question**

### **What is the significance of fearing less and acting with faith instead?**

Answer: Fear tends to bind an individual to their worries, while approaching what one fears with faith disarms it. This principle shows that fearlessness is a key to overcoming challenges and achieving desires.

## **7.Question**

### **What does it mean to embrace the 'day of small things' in terms of manifesting desires?**



Answer:It emphasizes recognizing and accepting the small signs or preliminary manifestations, which indicate progress toward a greater goal, rather than feeling disappointed by small beginnings.

### 8.Question

**Why is it important to know the nature of fear in relation to health?**

Answer:Recognizing fear as misdirected energy can empower individuals to overhaul their responses to threatening situations, as fear can lower defenses and make one more susceptible to ailments.

### 9.Question

**How can one actively demonstrate their faith according to the teachings?**

Answer:Active faith involves manifesting one's beliefs through actions, such as preparing a place for a loved one at the table even when they are separated, thereby reinforcing the intention of unity.

### 10.Question

**What does it mean to 'choose whom we shall serve, fear**



**or faith'?**

Answer: This choice underscores the importance of self-awareness in every action taken, promoting a decision to act from a place of faith rather than fear, shaping one's experiences and outcomes.

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## Chapter 7 | Love| Q&A

### 1.Question

**What is the essence of real love as described in this chapter?**

Answer:Real love is selfless, free from fear, and exists to give joy and affection without the expectation of receiving anything in return. It is characterized by pure, unselfish feelings that naturally attract love back, like a magnetic force.

### 2.Question

**How can jealousy affect love, according to the text?**

Answer:Jealousy acts as the worst enemy of love by creating negative imaginations and fears about losing the loved one, which can manifest and ultimately destroy the relationship.

### 3.Question

**What did the author suggest to a woman who was distressed over her lover's infidelity?**

Answer:The author advised her to stop hating and instead practice perfect love—blessing him without conditions, and focusing on presenting her love without expecting anything



in return.

#### 4.Question

**What is the outcome of sending out real love, as stated in the chapter?**

Answer:When you send out real love, it will return to you from the same person or from someone equivalent, illustrating the concept that one must give to receive in love.

#### 5.Question

**What did the woman ultimately realize after practicing selfless love?**

Answer:She realized that her suffering ceased and that her lover asked her to marry him, indicating the power of changing one's mindset and practicing true love.

#### 6.Question

**How does this chapter suggest one can remain free from suffering?**

Answer:By recognizing and adhering to the spiritual laws of love, one can overcome suffering rather than falling into 'soul sleep' through neglecting these lessons.

#### 7.Question

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**What does the phrase 'No man is your enemy, no man is your friend, every man is your teacher' imply?**

Answer:It implies that every individual in your life is there to provide lessons and opportunities for growth, emphasizing an impersonal approach to relationships.

### **8.Question**

**What did the women who hoarded her wealth learn from her actions?**

Answer:She learned that hoarding money and possessions led to her own physical decline and incapacity, demonstrating the importance of utilization and circulation over hoarding.

### **9.Question**

**How is money viewed in the context of love according to the chapter?**

Answer:Money is seen as a manifestation of God, which should circulate freely and be used for beneficial purposes, contrasting the destructive consequences of hoarding and valuing money above love.

### **10.Question**

**What should one do to neutralize past wrongs, as**



**mentioned in the text?**

Answer: One can neutralize past wrongs by consciously doing acts of kindness and demonstrating love and goodwill in the present.

### **11.Question**

**What does 'Perfect love casteth out fear' suggest about the relationship between love and fear?**

Answer: This suggests that true love is so powerful that it eliminates fear; when one embraces perfect love, fear cannot coexist.

### **12.Question**

**Why is it important for a mother to put her child in God's hands?**

Answer: By doing so, she is expressing faith in divine protection, which helps dispel fear, and fosters an environment of love and safety.

### **13.Question**

**How is the act of 'saluting the divinity' in others significant?**

Answer: This act promotes seeing the best and highest aspect



in others, which can foster better relationships and harmony, reflecting what one wishes to receive back.

### 14.Question

**What transformation happened to the woman who resented her colleague at work?**

Answer:After she practiced sending love to her critical employer, her colleague became kind and inviting, highlighting the transformative power of love in professional relationships.

### 15.Question

**What does the author assert about joy in relation to past grief?**

Answer:Holding onto grief and past troubles can lead to unhappiness, but actively pursuing joy and kindness can lead to healing and a brighter present.

## Chapter 8 | Intuition or Guidance| Q&A

### 1.Question

**What is the significance of choosing the right words in our lives according to the chapter?**

Answer:Choosing the right words is vital because



our spoken word unleashes unseen forces that can reshape our reality, finances, and physical well-being. It acts as a catalyst that starts the manifestation of our desires.

## 2.Question

**How can one access divine guidance or intuition?**

Answer:To access divine guidance, one should ask, 'Infinite spirit, reveal to me the way,' and then remain open and receptive to intuitive leads, which could come as sudden insights, remarks from others, or ideas while engaged in daily activities.

## 3.Question

**What is the relationship between giving and receiving in the context of abundance?**

Answer:Giving is essential for receiving; by generously giving, such as tithing, one's supply increases. Money given with love and cheerfulness circulates back as blessings and multiplied abundance.

## 4.Question

**What example illustrates the concept of following a**

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## **spiritual lead?**

Answer: The story of the woman who was guided to give away \$100 to a friend demonstrates following spiritual leads. This act opened the way for a larger sum of money to come to her later, affirming the principle that generosity leads to abundance.

## **5.Question**

**What did the author suggest one should do when faced with indecision?**

Answer: In moments of indecision, one should affirm, 'I am always under direct inspiration; I make right decisions quickly.' This encourages a mindset of clarity and decisiveness.

## **6.Question**

**How should one react to criticism according to this chapter?**

Answer: One should avoid criticizing or condemning others, as it attracts similar negativity into their lives. Instead, practicing love, forgiveness, and blessing others is



encouraged.

### 7.Question

**What can be learned from the story of the woman who lost \$2000?**

Answer:The woman learned that relying on divine order and forgiveness can restore what was lost. By denying loss and projecting positivity, she ultimately received compensation that equated to her original loss.

### 8.Question

**How does one turn adversities into opportunities according to the text?**

Answer:Adversities can be transformed into opportunities by maintaining a positive outlook and affirming that every challenge serves a higher purpose; for instance, the woman who remained undisturbed during unfair lease increases eventually benefitted from a significant financial return.

### 9.Question

**What does the chapter say about the law of expectancy?**

Answer:The law of expectancy suggests that harboring positive expectations—especially regarding good messages



or prophecies—will eventually manifest those outcomes in one's life.

### **10.Question**

**What is the ultimate goal for individuals according to this chapter?**

Answer:The ultimate goal is to prove God's presence in one's life by successfully transforming lack into abundance, demonstrating faith through actions, and aligning with divine will and order.

## **Chapter 9 | Perfect Self Expression or the Divine Design| Q&A**

### **1.Question**

**What is the significance of recognizing one's Divine Design according to Florence Scovel Shinn?**

Answer:Recognizing one's Divine Design is crucial because it aligns an individual with their unique purpose in life, encompassing health, wealth, love, and self-expression. It is the key to achieving one's destiny and experiencing true happiness. By acknowledging this design, a person can reclaim the

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hidden talents within and manifest their ideal life.

## 2.Question

**How can one seek guidance for their Divine Design?**

Answer:One can seek guidance for their Divine Design by earnestly demanding from the Infinite Spirit for clarity and direction. This involves saying a prayer or affirmation such as: 'Infinite Spirit, open the way for the Divine Design of my life to manifest; let the genius within me now be released; let me see clearly the perfect plan.' This request allows inspiration and insights to illuminate the path forward.

## 3.Question

**What role does faith play in manifesting one's self-expression?**

Answer:Faith plays a foundational role in manifesting one's perfect self-expression as it empowers individuals to believe in the abundance of resources available to them. By expressing faith through words and actions—like asking for divine assistance or accepting opportunities—one can align with the Universal Flow and unlock the necessary support for

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their endeavors.

#### 4.Question

**How should parents approach their children's career paths based on Shinn's teachings?**

Answer:Parents should avoid imposing specific careers or professions on their children. Instead, they should encourage them to discover and express their own talents, supporting them with affirmations of their potential. A prenatal treatment, for example, can be: 'Let the God in this child have perfect expression,' ensuring that children are guided toward their unique paths without external pressure.

#### 5.Question

**What are the consequences of fear and self-doubt in achieving one's destiny?**

Answer:Fear and self-doubt can create significant barriers to achieving one's destiny, often leading to missed opportunities and unfulfilled potential. These negative emotions can cause individuals to vacillate in their decisions and undermine their confidence. Overcoming fear through affirmations and



embracing a mindset of faith allows individuals to open their channels for self-expression and the manifestation of their goals.

## 6.Question

**Can you provide an example of how a belief in completion affects one's manifestations?**

Answer:Believing in completion is essential for manifestations, as illustrated by a student who was struggling for a financial demonstration. After realizing she had a tendency to leave things unfinished, she completed a sewing project, which symbolized her intent for completeness. Shortly after, unexpected funds appeared, showing that aligning with a mindset of completion opened the way for her financial flow.

## 7.Question

**What is meant by the 'square of life' in the context of perfect self-expression?**

Answer:The 'square of life' refers to the harmonious balance of health, wealth, love, and self-expression, which culminates



in perfect happiness. This holistic view emphasizes that when individuals operate in alignment with their Divine Design, they can achieve a fulfilling and joyful existence where all aspects of life are nurtured and interrelated.

## 8.Question

**How can one improve their ability to receive and accept abundance freely?**

Answer:To improve the ability to receive and accept abundance, individuals should practice being open and grateful for all gifts, regardless of their perceived value.

Affirmations such as 'I am a good receiver' can encourage an accepting mindset. Acknowledging that all gifts come from God can enhance one's capacity to receive and maintain a flow of abundance in life.



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## Chapter 10 | Denials and Affirmations| Q&A

### 1.Question

**What is the significance of the statement 'Thou shalt decree a thing, and it shall be established unto thee'?**

Answer:This statement highlights the power of our words and thoughts. It signifies that declaring our desires and intentions can lead to their manifestation in life. We must be mindful in our declarations, ensuring they are in alignment with divine ideas, rather than limiting ourselves with negative or idle words.

### 2.Question

**Why is it important to make demands for the 'divine selection'?**

Answer:When we ask for the 'divine selection,' we ensure that what manifests in our lives is aligned with our highest good and the perfect plan for us. This means we seek good outcomes not only for ourselves but that these outcomes must come through grace and in a harmonious way.



### 3.Question

**What lesson can we learn from the story of the woman who received a thousand dollars as indemnity for her daughter's injury?**

Answer: The story demonstrates the importance of how we word our demands. If we request money without the qualifier of it coming 'under grace in a perfect way,' we might receive it in an unfortunate manner. It teaches us to consciously affirm our desires with care to ensure our needs are met positively.

### 4.Question

**How does the author suggest one should approach financial demands or desires?**

Answer: The author suggests that we should not limit ourselves to what we think is possible. Instead of asking for a specific amount, we can access divine abundance by recognizing our inherent right to wealth and asking for it to come under grace, in perfect ways.

### 5.Question

**What does 'visualizing' differ from 'visioning' according**



**to the text?**

Answer: Visualizing is a mental activity controlled by the conscious mind, whereas visioning comes from the spiritual, intuitive part of ourselves. Visioning is guided by higher insight and aligns closely with divine plans, while visualizing might reflect our personal desires without the guidance of higher intention.

## **6.Question**

**How should one handle instances of fear or loss in relation to their desires?**

Answer: To handle fear or loss, one should focus on affirming abundance and success rather than worry or negativity.

Recognizing that depreciation or worry about loss can manifest into reality, we must consciously declare our desires positively, affirming what we wish to receive rather than focusing on what we fear losing.

## **7.Question**

**What does the story of the woman with the umbrella illustrate about letting go of problems?**



Answer: This story illustrates the significance of surrendering control and trusting in a higher power to resolve our dilemmas. By 'casting her burden' onto God, she was able to receive assistance in an unexpected way—highlighting the readiness of the universe to support us when we relinquish our worries.

### 8. Question

**What does the author mean by stating 'Every man has within himself a gold nugget'?**

Answer: The gold nugget symbolizes an individual's inherent worth and potential for prosperity. It emphasizes that true wealth comes from one's consciousness and mindset—believing in abundance and success rather than solely evaluating their current material state.

### 9. Question

**What is the importance of following a denial with an affirmation?**

Answer: Following a denial with an affirmation is crucial to reinforce positive beliefs and intentions after acknowledging



the negative. Denying an undesirable condition recognizes it as an illusion, while affirming the desired truth helps cement that positive reality in consciousness, leading to manifestation.

### **10.Question**

**What fundamental principles does the author outline for bringing one's heaven onto earth?**

Answer:The author outlines that the fundamental principles for achieving this are fearless faith, nonresistance, and love. These principles help individuals align their thoughts and actions with divine truths, facilitating alignment with their highest potential and desires.

### **11.Question**

**How does the author suggest one should formulate prayers or affirmations?**

Answer:Prayers and affirmations should be formulated as commands or declarations rather than requests. One should express gratitude for receiving what they asked for, asserting it as an established fact in their life—thereby uplifting their



consciousness to attract that which they desire.

## 12.Question

**What does the text say about the relationship between man and his spiritual self?**

Answer: The text states that within each person lies a divine aspect—the Christ within—who embodies perfection and the potential for manifestation. Understanding this relationship allows individuals to tap into their highest selves and transcend ordinary limitations.

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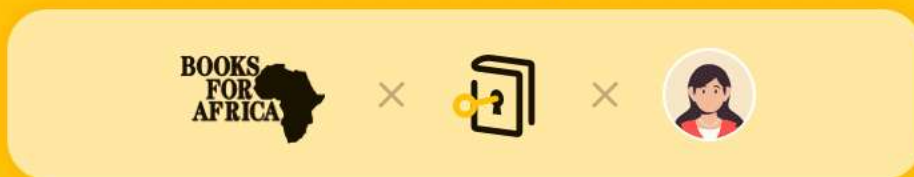
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# The Game of Life and How to Play It

## Quiz and Test

[Check the Correct Answer on Bookey Website](#)

### Chapter 1 | The Game| Quiz and Test

1. Life is a battle governed by spiritual laws.
2. Imagination does not influence one's circumstances or outcomes.
3. Words have the power to create one's reality according to the teachings in the chapter.

### Chapter 2 | The Law of Prosperity| Quiz and Test

1. The chapter emphasizes that God is the source of man's supply, and individuals can access their divine rights through faith in their spoken words.
2. The chapter suggests that having doubts and fears when pursuing goals is unimportant and should be ignored.
3. The chapter concludes that no one can truly fail if another person believes in their success, highlighting the importance of shared vision.

### Chapter 3 | The Power of the Word| Quiz and Test

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1. Words have no power in shaping one's reality.
2. Objects like horseshoes or lucky charms derive their power from belief in them rather than their inherent qualities.
3. Focusing on negativity through speech can lead to positive experiences.

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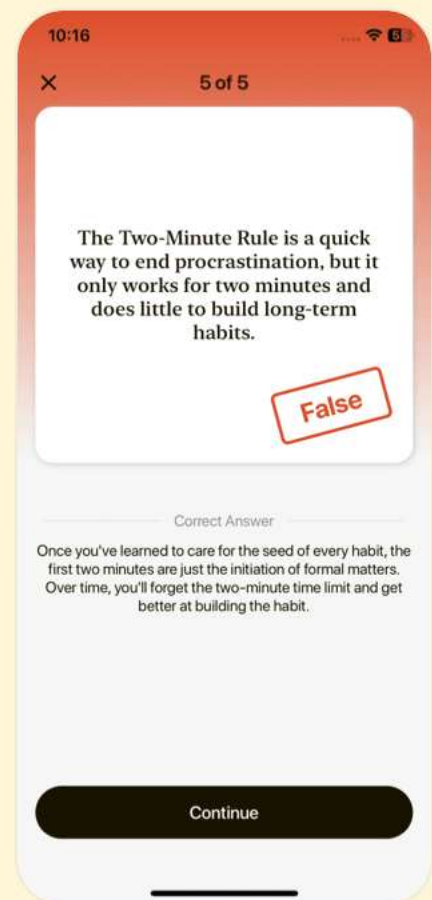


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## **Chapter 4 | The Law of Nonresistance| Quiz and Test**

1. Nonresistant individuals are depicted as invincible, similar to water that can erode hard rocks without resistance.
2. The chapter suggests that evil is a real force that must be fought against to achieve personal growth.
3. Children are less affected by the fears and expectations of their parents compared to adults.

## **Chapter 5 | The Law of Karma and the Law of Forgiveness| Quiz and Test**

1. The law of Karma means that individuals receive exactly what they give over time, including their thoughts, deeds, and words.
2. According to the chapter, ignoring spiritual laws has no impact on one's life and outcomes.
3. The law of forgiveness is essential in Christianity and helps to neutralize past negative actions, allowing for redemption from Karma.



## Chapter 6 | Casting the Burden Impressing the Subconscious| Quiz and Test

1. According to Chapter 6, merely understanding the Truth intellectually is enough to elicit tangible outcomes.
2. The chapter suggests that casting burdens refers to carrying negative thoughts or conditions rooted in the subconscious as a natural law.
3. Affirmations and active faith play a crucial role in facilitating personal transformations according to Chapter 6.





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## **Chapter 7 | Love| Quiz and Test**

1. True love is selfless and involves giving without expecting anything in return.
2. Jealousy is a natural part of love and should be embraced in relationships.
3. Indifference in relationships can lead to unhappiness and separation.

## **Chapter 8 | Intuition or Guidance| Quiz and Test**

1. A person who understands the power of their spoken words can reshape their reality.
2. Tithing is ineffective in attracting abundance.
3. Negative judgments can lead to positive experiences in one's life.

## **Chapter 9 | Perfect Self Expression or the Divine Design| Quiz and Test**

1. Each individual has the potential for perfect self-expression, which is part of their divine destiny.
2. Individuals can impose their careers on children to ensure



they fulfill their divine purpose.

3. Overcoming fear is essential for successful self-expression and becoming channels for divine intelligence.

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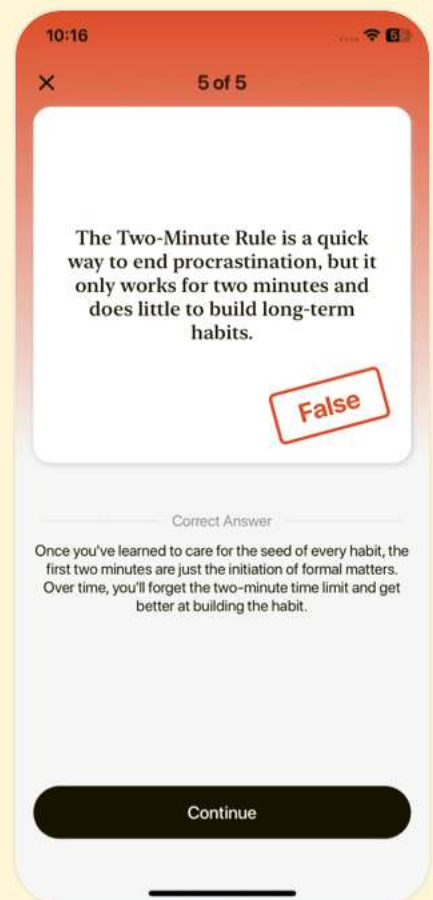
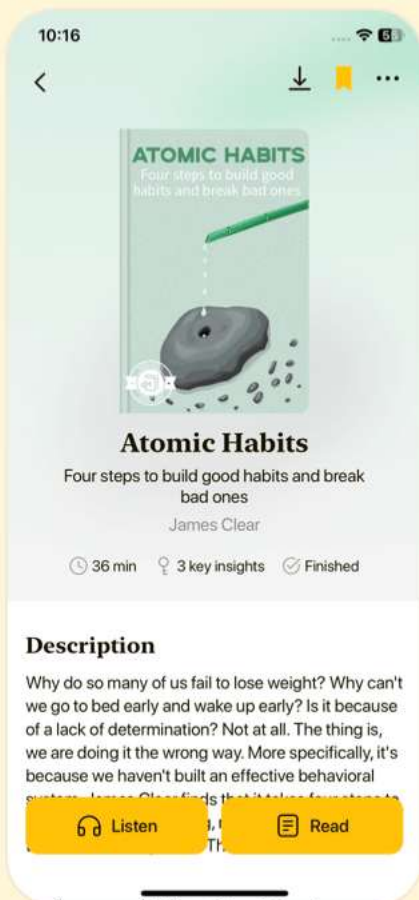


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## Chapter 10 | Denials and Affirmations| Quiz and Test

1. According to Florence Scovel Shinn, careful wording of demands is crucial for manifesting good in life.
2. Shinn emphasizes that limitations in financial demands are primarily caused by external circumstances rather than subconscious beliefs.
3. Visualizing is considered more important than visioning in the context of spiritual intuition and guidance.





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