

ALCHEMY ALMANACK

A Voyage of Source Collection

INTRODUCTION

Imagine (Eye-Magi-Nation) for a moment that you possess an inner alchemist—a wizard within you who understands the subtle energies that permeate all existence. How would you nurture this alchemist? What intentions would you set to harness its potential?

Now, delve deeper. Reflect on instances where serendipity seemed to guide you. Was it mere chance, or the orchestrated flow of energies responding to your inner resonance? Could it be that your thoughts and emotions hold the key to unlocking doors unseen? Imagine harnessing the power to transmute thoughts into tangible outcomes, to mold the fabric of reality according to your will. This is the promise of alchemy—an ancient science of profound relevance in our modern world.

Ponder this: your thoughts are not mere fleeting impulses but energetic vibrations that resonate through the cosmos. By understanding the principles of alchemy, you unlock the keys to manifesting extraordinary effects from seemingly ordinary actions. It is the art of transforming the inner world to influence the outer world—a voyage of soul exploration and cosmic alignment.

As you embark on this alchemical odyssey, dare to explore the depths of your consciousness and awaken the magician within. In this Alchemy Almanack, we delve into timeless wisdom and practical insights to empower you on your quest for mastery. Prepare to uncover secrets that have shaped civilizations and inspired seekers throughout history.

Embrace your higher calling,
and let the voyage begin.



CALCINATION

In the expedition of spiritual alchemy, Calcination stands as the fiery forge where our base elements—false roots like anxiety, loss, and fear of loss—are transmuted into the radiant gold of confidence and inner strength.

Base Matter: False Roots

Anxiety grips the soul, loss leaves wounds, and fear of loss casts shadows upon our path. These roots run deep within, entangling our spirit and obstructing our true potential.

Symptoms: Anxiety, Loss, and Fear of Loss

Anxiety whispers doubt in every decision, loss shakes our foundations, and fear of future upheavals stifles our progress.

To Abet:

- Release Blame: Instead, nurture self-compassion and understanding (spiritual connection).
- Resist the urge to rationalize misfortune: Instead, accept and learn from it.

Transmutation: Confidence

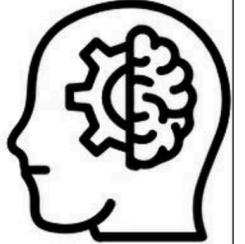
Through the transformative fires of Calcination, we undergo a profound metamorphosis. We emerge not broken but tempered, with a newfound sense of resilience and self-assurance. Confidence blooms within us, anchored not in ignorance of life's challenges but in our ability to navigate them with grace and wisdom.



DISSOLUTION

In the divine game of spiritual evolution, Dissolution serves as the transformative waters where our base desires—yearnings, horniness, irritability, and disappointment—are transmuted into the sublime essence of devotion and higher purpose.

Base Matter: Desire



Desire, like a relentless tide, stirs yearnings within us, fuels horniness, and breeds discontent and irritability. These cravings, unchecked, cloud our clarity and hinder our spiritual progress.

Symptoms: Yearnings, Horniness, Irritability, Disappointment

Yearnings pull at our hearts, horniness clouds our judgment, irritability disrupts peace, and disappointment dims our spirit.

To Abet:

- Delay Gratification: Practice patience and restraint in fulfilling desires.
- Refrain from Complaint: Instead, cultivate gratitude and acceptance.
- For Males: Cultivate Idealism: Channel desires into noble pursuits and higher ideals.
- For Females: Cultivate Discrimination: Develop discernment in desires, choosing those aligned with spiritual growth.
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Transmutation: Devotion

Through the waters of Dissolution, we undergo profound transformation. We emerge with devotion blossoming in our hearts, rooted not in fleeting desires but in steadfast commitment to our spiritual path and service to others.

SEPARATION

In the voyage of soul growth, Separation acts as the refining crucible where our territorial tendencies—manifesting as anger, conflict, jealousy, and boundary issues—are transmuted into the luminous virtue of integrity and harmonious relationships.

Base Matter: Territorial Tendencies



Territorial instincts drive us to defend, to assert dominance, and to cling possessively. These impulses, unchecked, breed discord and disrupt our inner peace.

Symptoms: Anger, Conflict, Jealousy, Boundary Issues

Anger flares, conflicts arise, jealousy consumes, and boundaries blur, causing strife within and around us.

To Abet:

- Express Anger Constructively: Channel anger into productive communication and understanding.
- Set Clear Boundaries: Establish healthy limits that foster respect and mutual understanding.
- Practice Formality: Cultivate respectful interactions that honor boundaries and promote harmony.
- Examine Deceptions: Confront and transcend personal illusions and dishonest behaviors.

Transmutation: Integrity

Through the alchemical process of Separation, we undergo god-like transformation. Integrity emerges as our guiding light, rooted in authenticity and honorable conduct. It is not merely adherence to moral principles but a deep alignment with our truest selves and the harmonious coexistence with others.

CONJUNCTION

In the cosmic game of soul ascension, Conjunction represents the transformative process where vulnerability—manifested as empathy, affection, and a desire to help, yet shadowed by feelings of ineffectuality and paranoia—is transmuted into the profound gold of compassion and understanding.

Base Matter: Vulnerability

Vulnerability opens our hearts to others' pain and joy. It fuels empathy and a deep-seated desire to alleviate suffering, yet it also exposes us to feelings of ineffectuality and irrational fears.

Symptoms: Empathy, Affection, Desire to Help, Feeling Ineffectual, Paranoia



Empathy connects us to others' emotions; affection drives us to nurture, and the desire to help propels action. However, feelings of ineffectuality and paranoia undermine our efforts, clouding our clarity.

To Abet:

- Hold Conflict Without Trying to Resolve It: Instead of rushing to fix conflicts, we hold space for discomfort and allow healing to unfold naturally.
- Do the Simple Things That Gladden Your Heart: Engaging in activities that bring joy and peace helps restore emotional balance and resilience.

Transmutation: Compassion

Through Conjunction, vulnerability is transmuted into compassion. We embrace our human imperfections and connect deeply with others, fostering understanding and healing.

FERMENTATION

In the stillness of alchemizing, Fermentation is the transformative process where obsolete desires and ambitions—manifested as apathy, doubt, and reluctance to express oneself—are transmuted into the potent force of magical will and purposeful action.

Base Matter: Obsolete Desires and Ambitions

Obsolete desires cling to past ambitions and dreams, often leaving us with feelings of apathy, loss of initiative, and doubts about our worthiness and abilities.

Symptoms: Apathy, Loss of Initiative, Doubt, Feeling Abandoned or Unworthy, Reluctance to Express Oneself

Apathy dulls our passion, loss of initiative paralyzes action, and doubts cloud our judgment. Feeling abandoned or unworthy stifles self-expression, leading to a reluctance to fully engage with life/source.

To Abet:

- **Maintain Inner Silence/Stillness:** By cultivating inner silence through meditation or reflection, we create space to observe and release obsolete desires without judgment or attachment.

Transmutation: Magical Will

Through Fermentation, obsolete desires are transformed into magical will. We harness this potent energy to manifest our true purpose and overcome obstacles with clarity and determination.



SUBLIMATION

Sublimation serves as the crucible wherein the disconnect between intention and will is transmuted into harmony and conscious creation. Many wander through life plagued by confusion, a hyperactive mind, and a sense of being out of control, unknowingly creating unintended effects in their wake.

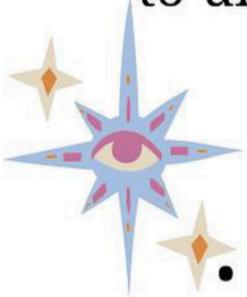
Fear not, for within this chaos lies the seed of soul transformation.

Base Matter: Disconnect between intention and will

The disconnect between what we intend and what we manifest often leads to inner turmoil and external discord. It stems from the disparity between our conscious desires and the subconscious programming that governs our actions.

Symptoms: Confusion, Hyperactive mind, Feeling out of control, Having unintended effects on the world

Confusion clouds our clarity, while a hyperactive mind scatters our focus. Feeling out of control amplifies our struggles, leading to unintended consequences that ripple through our lives and relationships.



To Abet:

- Don't attempt to justify your actions: Instead, embrace accountability and seek to align your intentions with your truest self.
- Don't seek outer approval: Liberation comes from within. Trust your inner guidance and honor your authenticity.

Transmutation: Thought becomes deed.

Through Sublimation, the gap between intention and action closes. As thought aligns with purpose, our deeds manifest with clarity and integrity. Embrace this alchemical process.

RADIATION

In the mysteries of reality alchemy, Radiation unfolds as the sacred process where arbitrary magic transforms into the radiant essence of divine will. Many on this path encounter moments when their perceived magical powers falter, and they are humbled by forces beyond their control.

Base Matter: Arbitrary magic

Arbitrary magic, the whimsical wielding of spiritual power, often leads to fluctuations in one's abilities and a false sense of control over the cosmic dance. It arises from ego-driven desires to manipulate rather than align with divine will.

Symptoms: Apparent loss of magical powers of the will to do magic, Sudden onset of humility

The apparent loss of magical prowess and a sudden onset of humility are signs that the ego's grip on perceived power is loosening, making way for a deeper connection to the true source of all magic.

To Abet:

- Surrender/Let go: Release the need to control outcomes and surrender to the flow of divine guidance. Trust that humility opens the channels for true magic to manifest.

Transmutation: Sacred Magic

Through Radiation, arbitrary magic evolves into Sacred Magic. By aligning with divine will and surrendering the ego's illusions, we harness the limitless power of creation in harmony with the universe.



ALCHEMY ALMANACK NOTES

- **Your word is your magical wand that constructs your inner and outer world. Be careful what you say, write, and think. (Words are spells)**

- **Psalms 46:10 “Be still, and know I am God”
Relaxation connects you to the universal god flow.**

- **Self-examination is a spiritual power from the emotional energy system. If you’re not studying yourself, then you’re blocking the inner-flow of energy.**

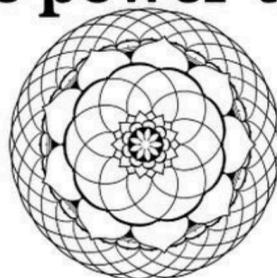
- **Consistency is a form of alchemy, use it to your advantage.**

To raise your vibrational frequency at will, express gratitude.

- **Shadow-work, alchemy, healing, quantum-jumping and manifestation are all intertwined.**

- **Compassion is the refusal to accept yourself and others in the dark; it is active light-work.**

- **Confidence is a powerful force, like energetic witchcraft. It holds the power to manifest both harm and healing.**



ALCHEMY ALMANACK NOTES 2

- **Meditation is the gateway to God.**
- **Never complain or criticize.**
- **Hands-on alchemizing has to be done with the heart-chakra activated. Here are two ways to instantly turn on your heart-energy: 1. Put your mental attention on your heart area, and hold it there. 2. Lightly place your hand on your heart. (Do both simultaneously to amplify the effect)**
- **Since one of the main laws of source is “the universe is mental”, you can transcend, transform and transmute any negative into a positive, with pure consciousness.**
- **The monkey mind is highlighted in the sublime phase of alchemy for an intuitive reason; you must gain control of your subconscious, or else you will live a life of unconsciousness.**
- **Becoming a modern magician requires you to master the laws of mentalism; your imagination, thought-patterns, attention, focus, and planning.**

