

How to Make a
BASIC POCKET
ORGONITE
GENERATOR

By
CV Sanctuaries



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Meet the Creator

A Message from Victor Brawner – Builder of Sanctuaries, Alchemist of Frequencies, and Keeper of Healing Technology

I did not begin creating orgonite generators so I could sell objects.

I began because I was called.

Called to heal my own life.

Called to transmute the wounds that nearly destroyed me.

Called to turn pain into purpose—and to help others do the same.

What you will find here is not a store.

It is a living field of remembrance.

I am not here to sell you a device.

I am here to teach you how to build your own healing technology—and in doing so, remind you that you are not powerless in this world of frequency pollution, emotional fragmentation, and spiritual numbness.

When you purchase my instructions, you receive a free generator—not because I am giving you a product—but because I am giving you proof of what you are about to learn.

My mission is not to create dependency, but sovereignty.

Just as Wilhelm Reich discovered orgone energy as the pulse of life itself, I discovered through my own path of betrayal, addiction, awakening, and radical love that we are meant to be conscious co-creators of that life force—not passive victims of it.

Orgonite is not a trinket. It is ancient technology reborn.

It draws in harmful, stagnant, or chaotic energy.

It accelerates that energy into motion.

And then—through sacred geometry, metal resonance, and crystal intelligence—it transmutes it into harmony.

This process mirrors what I have done with my own life.

Resin (my trauma) pulled in chaos.

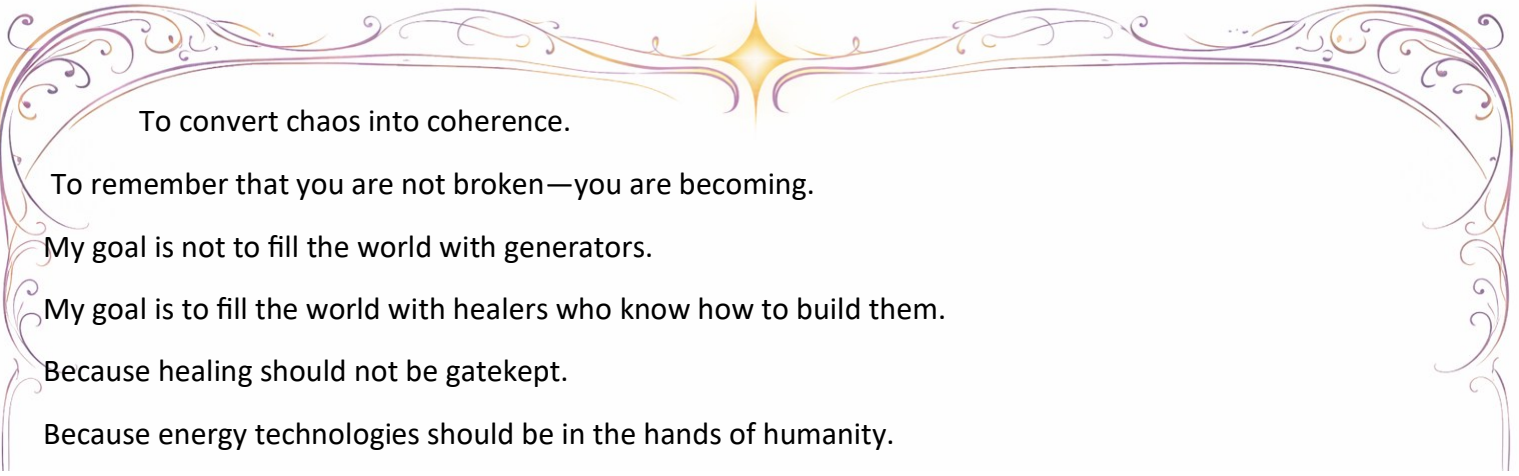
Metal (my masculine strength) forced it into motion.

Crystal (my heart) transmuted it into purpose.

This is what I teach:

To turn suffering into signal.





To convert chaos into coherence.

To remember that you are not broken—you are becoming.

My goal is not to fill the world with generators.

My goal is to fill the world with healers who know how to build them.

Because healing should not be gatekept.

Because energy technologies should be in the hands of humanity.

Because the world does not need more consumers—it needs creators, initiators, alchemists, and guardians of life force.

If you are here, you are likely one of them.

Not by accident, but by resonance.

Welcome to this journey.

Welcome to the remembrance of who you truly are.

Let us turn your pain into power, and your purpose into a frequency the world can feel.

What is My calling

I was not just born — I was summoned.

Somewhere in my lineage someone cried out for freedom, for healing, for peace they never got to taste. Heaven heard that cry and said, “Send the breaker.”

I carry what they could not finish. I am not cursed — I was chosen to answer.

Because of that I remember. I felt the pain, I learned its language, and I learned how to translate it into medicine for others. I am the one who looked the demon in the eye and said, “It ends with me.”

?

My Core Work — What I Am Here To Do

1. To Love Fiercely Without Control

I love without owning. Not with demands, bargains, or dominance — but with devotion, presence, and the courage to stay. My life is proof that staying after betrayal, owning the work, and choosing repair can create a deeper, braver love. I teach people to be present, not possessive.

2. To Turn Wounds Into Wisdom

My wounds are the curriculum. The abuse, the betrayals, the addiction — they were not wasted. I learned to read them, to translate them into clarity and practices that heal. I teach others to



do the same: to tell their true story without shame and to use that truth as a roadmap to recovery.

3. To Build Sacred Spaces

Sanctuary is my trade. Physical, emotional, and spiritual refuges where people can come to be safe, seen, and restored. From sober-living sanctuaries to ritual circles, from a home that holds to words that steady — I design places and practices that protect and restore.

4. To Teach a New Masculinity

I model a brave, tender masculinity: a man who leads without dominating, who provides without controlling, who apologizes without shame, who stays without sacrificing his soul. My life — the mistakes and the repairs — is a field guide for men who want to evolve without giving up their strength.

5. To Be a Bridge

I translate between opposites: science and spirit, logic and heart, the human and the divine, self-reliance and surrender. I walk both worlds so others can cross safely. I show how ritual and experiment, devotion and evidence, can live in the same room.

The Way I Work — Promise & Practice

- I educate before I enroll. Every ritual I teach is paired with an explanation and, where possible, experiments you can test.
- I hold both integrity and tenderness: fierce truth with compassionate accountability.
- I am a guide and a witness — not a licensed clinician. Where clinical care is needed, I will refer and support access to professionals.

The Vow & The Timeline

Each act of love, each honest word, each person I help brings me nearer to the man I already am in another timeline. My present life is merging with my higher-self's timeline. The closer I walk to that path, the more power I carry — not to dominate, but to heal. I will walk different. I will speak different. I will heal out loud.

Because when the bloodline cried for help — I answered.

CV



Chapter 1– Introduction to Orgonite Energy Generators

The Science, the Discovery, and the Sacred Technology of Life Force Transmutation

In the 1930s and 1940s, Dr. Wilhelm Reich— a medical doctor and former colleague of Sigmund Freud — made one of the most controversial discoveries of the 20th century: the existence of a universal life force energy permeating all living things. He called it Orgone Energy— known throughout cultures as Chi (China), Prana (India), Ki (Japan), Mana (Hawaii), and Ruach (Hebrew). Through laboratory experiments, Reich observed that this energy could be accumulated, directed, and transmuted using specific materials and environmental conditions.

His findings were so groundbreaking—and threatening to the mechanistic worldview of his time—that his research was seized, his equipment destroyed by federal order, and his books were burned by the U.S. government in 1956. This remains one of the only documented cases in U.S. history where scientific research was federally banned and physically eradicated.

Yet, despite suppression, his discoveries lived on.

What Is Orgone Energy?

Orgone energy is the fundamental life force that animates all living systems. It is:

Self-organizing

Always moving

Responsive to consciousness and environment

Capable of being negatively or positively charged

Reich identified two forms:

POR – Positive Orgone (life-giving, healing, coherent)

DOR – Deadly Orgone (stagnant, chaotic, disease-promoting)

Modern scientists confirm that electromagnetic pollution, 5G towers, Wi-Fi, and microwave radiation all increase DOR energy in our environment. This leads to disrupted sleep, lowered immunity, anxiety, plant stress, and disharmony in the human biofield.

Orgonite Generators transform DOR into POR.

This is not symbolic or metaphorical — it is energetic alchemy.





How Orgonite Works: The Three-Part Scientific Mechanism

Every effective OG (Orgonite Generator) must contain three key components, each playing a precise role in the energetic transmutation process:

Resin (Organic): Attracts and absorbs energy (negative or stagnant)

Metal (Inorganic): Repels energy, creating oscillation and chaotic charge separation

Crystals (Piezoelectric Quartz): Transmute chaotic energy into coherent harmonic frequencies that nourish life

The Energy Transmutation Process:

1. The organic resin draws in surrounding negative, stagnant, or incoherent energy.
2. The metal shavings repel that same energy, creating compression, friction, and oscillation.
3. This chaotic state charges the quartz crystals, activating their piezoelectric effect (pressure-electric energy).
4. The crystals then reorganize the energy field— turning chaotic energy into coherent, structured, life-enhancing orgone.

This means that Orgonite does not block energy—it alchemizes it.

It takes what harms and transforms it into what heals.

Observable Benefits (Documented by Researchers & Users Worldwide)

- * Increased plant growth and vitality
- * Cleaner, structured water (crystalline patterns visible under freezing tests)
- * Decreased effects of EMF radiation on the human nervous system
- * Enhanced emotional calm and mental clarity
- * Improved sleep and dream recall
- * Relief for pets sensitive to environmental frequencies
- * Reduction in feelings of anxiety and electromagnetic sensitivity

Reference Experiments:

- Dr. Reich's Orgone Accumulator Experiments (1940s)
- Dr. Masaru Emoto's Water Crystal Studies



- Dr. James DeMeo's Orgone Field Measurements
- Dr. Beverly Rubik's Biofield Science Research

Why Shape, Color, and Intention Matter

Modern orgonite artisans have discovered that the resonance fields can be amplified through:

Pyramid and cone geometries (scalar wave harmonics)
Copper coils and sacred spirals (Tesla resonance fields)
Layering specific crystals to target chakras, EMF protection, abundance, love, healing, psychic work, etc.
Intentional embedding with frequency, sound, or prayer— because orgone amplifies consciousness.

This is not superstition.

Quartz is scientifically known to:

Store information
Receive frequencies
Transmit coherent energy
Be activated under pressure (piezoelectric effect)

Orgonite Generators use this exact principle.

In Simple Terms:

- > Resin pulls in negative energy.
- > Metal accelerates it into chaotic motion.
- > Crystals transmute that chaos into harmony.

The result: Pure life force. The kind every living thing flourishes in.

This is not religion, ritual, or placebo. It is energy science. And you can feel it. Plants show it. Water remembers it. Living beings respond to it.

Thank you for healing with me,

Victor Brawner



The Science of How Crystals Support Healing

(A Physics-Based Explanation)

Crystals are often misunderstood because they are evaluated using the wrong framework.

They are not pharmaceuticals.

They are not biological agents.

And they are not intended to “heal” the body in the way medicine repairs tissue or treats disease.

Crystals function as energy modulators.

When evaluated according to their actual physical properties, their usefulness becomes clear.

Crystals as Energy Translators, Not Treatments

A helpful analogy is this:

Rubbing a multivitamin on your skin and concluding that vitamins “don’t work” misunderstands both the vitamin and its function.

Likewise, placing a crystal on a surface and expecting it to behave like medicine misunderstands what crystals do.

Crystals are materials with stable, repeating lattice structures.

Because of this structure, certain crystals—most notably quartz—can convert one form of energy into another. This is a well-documented physical phenomenon known as the piezoelectric effect.

When mechanical pressure is applied to quartz, it generates an electrical charge.

When an electrical charge is applied, quartz produces a mechanical vibration at a precise frequency.

This is not a belief system.

It is the reason quartz is used in:

- computers
- smartphones
- satellites
- GPS systems
 - timekeeping devices
 - medical instrumentation

Modern technology relies on crystals because they stabilize, regulate, and translate energy with exceptional reliability.



Why Energy Modulation Matters to the Human Body

The human body is not only biochemical — it is electrical and electromagnetic.

- The heart generates an electromagnetic field measurable several feet beyond the body
- The nervous system communicates through electrical signals
- Cellular processes rely on voltage gradients across membranes

In other words, biology responds continuously to electrical and energetic conditions.

When an energetic environment becomes chaotic or incoherent—whether through stress, environmental electromagnetic noise, or nervous-system dysregulation—the body must expend more energy maintaining internal stability.

When an energetic environment becomes more coherent, the body requires less compensation and can return more easily to regulation and repair.

Crystals do not “force” healing.

They influence the quality of the energetic environment in which biological processes occur.

Crystalline Structures Within the Body

This interaction is not foreign to human physiology.

The body itself contains crystalline and semi-crystalline structures:

- Bone exhibits piezoelectric properties due to its collagen-apatite matrix
- Fascia behaves as a liquid-crystalline network capable of transmitting vibration and charge
- Cellular water exists in structured states that respond to electromagnetic input

As physiologist Albert Szent-Györgyi famously observed:

“Life is water dancing to the tune of solids.”

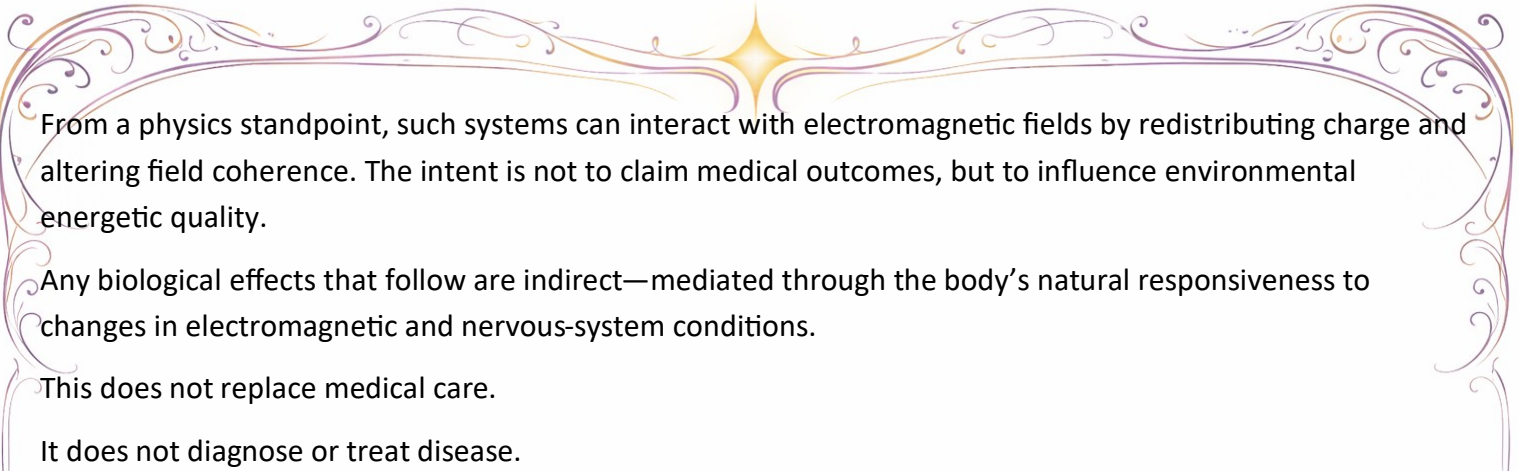
From this perspective, it is not surprising that external crystalline structures can influence internal biological systems—not by acting on the body, but by shaping the energetic context in which the body self-regulates.

A Note on Orgonite and Composite Systems

Orgonite is a composite system that combines:

- crystalline materials (commonly quartz)
- conductive metals
- a stabilizing resin matrix





From a physics standpoint, such systems can interact with electromagnetic fields by redistributing charge and altering field coherence. The intent is not to claim medical outcomes, but to influence environmental energetic quality.

Any biological effects that follow are indirect—mediated through the body’s natural responsiveness to changes in electromagnetic and nervous-system conditions.

This does not replace medical care.

It does not diagnose or treat disease.

It does not override biological processes.

It operates at the level of environmental modulation, not intervention.

What Crystals Do — and Do Not — Do

Crystals:

- modulate and stabilize energy
- interact with electrical and vibrational systems
- influence energetic environments through known physical properties

Crystals do not:

- replace medicine
- cure injuries or diseases
- function as standalone treatments

They are best understood the way we understand tuning forks, oscillators, or regulators—tools that help systems return to coherence.

Why This Matters

Healing does not begin with force.

It begins with conditions.

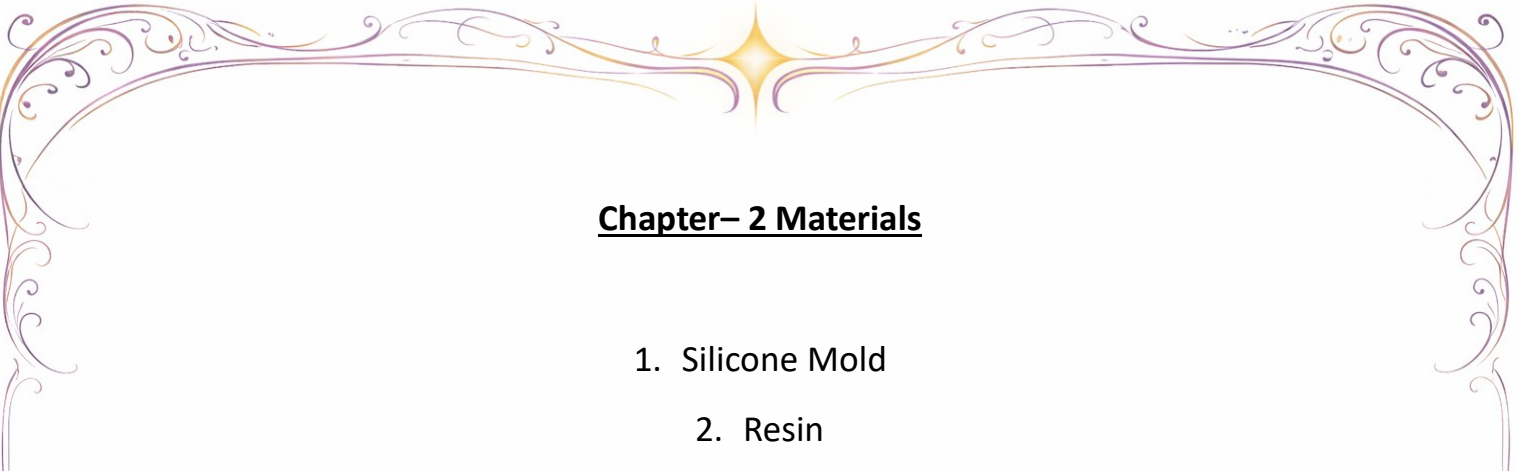
When energy becomes coherent, biology often follows.

Recognizing the role of crystals is not replacing science with belief — it is recognizing that modern biology already rests on electrical, crystalline, and resonant principles.

This manual honors that reality without exaggeration, mysticism, or denial of medical necessity.

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Chapter– 2 Materials

1. Silicone Mold
2. Resin
3. Metal shavings
4. BB's
5. Small Heater
6. Resin kit with silicone cups
7. Gloves
8. Tools
9. Small bowls
10. Drawers for crystals and supplies



1. Silicone mold- X-Haibei Round Guest Basic Soap Lotion Bar Resin Crafts Silicone Mold Dia. 2 inch, Height 0.7 inch per Cavity 2oz per Cell | Easy Release & Thick Design — <https://a.co/d/6tdgqQh>



2. Resin- CRAFT RESIN 1 Gallon Crystal Clear Epoxy Resin Kit with Pumps - Food Safe & UV Resistant for DIY Art, Wood, Jewelry Making, Coasters, Mold Casting Resin Epoxy - Low Viscosity for Beginners & Pros <https://a.co/d/6o2RSnf>

3. Metal shavings- Metal Shavings - Metal Shavings for Orgonite Pyramid - Epoxy Resin Projects - Craft DIY - Steel Chunks Shavings (1/4 lb) <https://a.co/d/cAmatcn>



4. BB's- Crosman Copperhead 4.5mm Copper-Coated BBS <https://a.co/d/0Nh8EhH>



5. Heater- Milkhouse Electric Space Heater
1500W Portable Heater with Manual Control
Fan-Only Mode Overheating & Tip Over
Protection for Indoor Use WEWARM Red

<https://a.co/d/1QaQe7c>



6. Resin kit with silicone cups- Silicone Resin
Measuring Cups Tool Kit- Nicpro 250 & 100 ml
Measure Cups, Silicone Popsicle Stir Sticks, Pi-
pettes, Finger Cots for Epoxy Resin Mixing,
Molds, Jewelry Making, Waxing, Easy Clean.

<https://a.co/d/0lfa22S>

7. Gloves- Medical Soft Max™ Nitrile Exam Gloves, 100
Count Latex-Free Powder-Free Non-Sterile Food Safe
Disposable Glove, Blue <https://a.co/d/00o2WEc9>



8. Tools- 4Pcs Jewelry Pliers Set Jewelry Making Pliers
Tools Kit Include Jewelry Making Needle Nose Chain
Nose Round Bent Pliers Wire Cutter for Bracelet
Beading DIY Craft Jewelry Making Supplies.

<https://a.co/d/03hckq3k>



9. Small Bowls- 30 Pcs 3.5" 4 oz Small Clear Plastic Bowls Mini Meal Prep Bowl Round Stackable Ingredient Containers for Dipping Sauce, Spice, Nuts, Snack, Ice Cream, Candy Dishes, Dessert Bowls.

<https://a.co/d/05toY1c>



10. Storage drawers- Blue Ginkgo Medium 16-Drawer Cabinet – Stackable Clear Organizer for Hardware, Beads, Plastic Bricks, Office, and Craft Storage (Made in Korea, Gray)

<https://a.co/d/0ho1nwzc>



Akro-Mils 64-Drawer Plastic Drawer Storage Cabinet for Garage Organization, Bead Organizer, Building Bricks Storage, Teacher Toolbox, Makeup Organizer, 20-Inch W x 6-Inch D x 16-Inch H, 10764 Black <https://a.co/d/05vpCrsB>



Chapter 3- How to Set Orgonite with Intention — and Why It's Important

When you pour an Orgonite generator, you are not simply casting resin and metal.

You are participating in the oldest act of creation — translating the invisible thinking of the universe into visible, tangible form.

Every layer, every coil, every crystal you place carries a silent equation of light: Thought + Geometry + Resonance = Form.

Both Nikola Tesla and Walter Russell devoted their lives to explaining this divine equation.

Tesla spoke of it in the language of numbers — 3, 6, and 9 — the sacred rhythm of all manifestation.

Russell spoke of it in the language of light — the One Mind that breathes itself outward and inward through alternating electric and magnetic motion.

You speak it through your hands — with copper, crystal, and intention.

The Science of Setting Intention

Every material in Orgonite — resin, metal, and crystal — responds to pressure and vibration.

When resin cures, it compresses the crystalline lattice of quartz and other stones, creating what science calls a piezoelectric charge.

That charge amplifies the electromagnetic field generated by the metal particles and copper coils.

But the frequency signature that fills this field comes from you.

Your emotional state, your thoughts, and the sound waves you introduce (for example, I often use 396 Hz, 528 Hz, 741 Hz, 963 Hz) become the vibrational DNA of the piece.

This is why setting intention matters.

You are not just crafting an object; you are tuning a living wave-field.

The Tesla Sequence — The 3-6-9 Flow of Creation

Tesla taught that if you understand 3, 6, and 9, you will “unlock the key to the universe.”

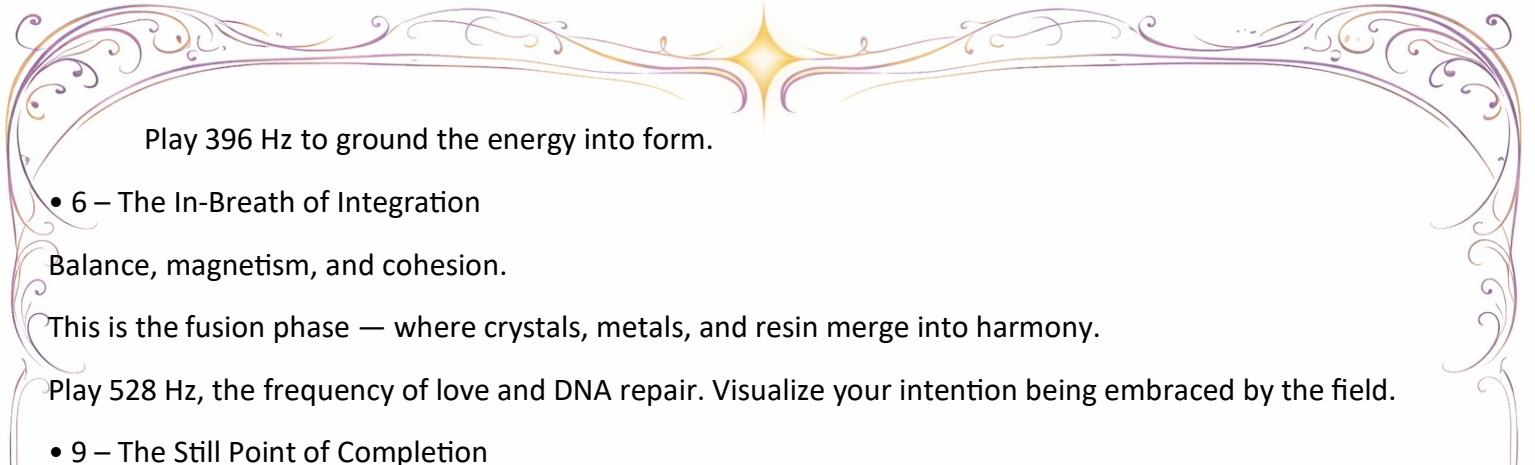
Each number represents a phase of divine motion:

- 3 – The Out-Breath of Creation

Expansion, imagination, and manifestation.

When you begin a pour, this is your vision phase. Speak your intention aloud. Feel it expand.





Play 396 Hz to ground the energy into form.

- 6 – The In-Breath of Integration

Balance, magnetism, and cohesion.

This is the fusion phase — where crystals, metals, and resin merge into harmony.

Play 528 Hz, the frequency of love and DNA repair. Visualize your intention being embraced by the field.

- 9 – The Still Point of Completion

Dissolution, unity, and return to Source.

When the final layer cures, shift to 741 Hz or 963 Hz.

This seals the work in purity and coherence — the sacred rest after creation’s breath.

As you move through 3-6-9, you are following the universal rhythm of thought → form → transcendence.

The Russell Principle — Thinking in Light

Walter Russell revealed that all matter is “light slowed down by thought.”

Every copper spiral in your Orgonite mirrors the same spiral of Mind that creates atoms and galaxies.

When you twist your triskelion clockwise and counterclockwise, you are forming a miniature model of electric expansion and magnetic contraction — the male and female dance of the universe.

Balance these directions carefully; harmony between them is what allows the pendulum to spin, the field to breathe, and the energy to stay alive.

If one coil turns the wrong way, the field collapses — because light only flows where love flows.

Setting the Field

To charge your Orgonite generator with intention:

1. Begin in stillness. Quiet your breath and recognize the divine within you — the “One Mind” Russell spoke of.

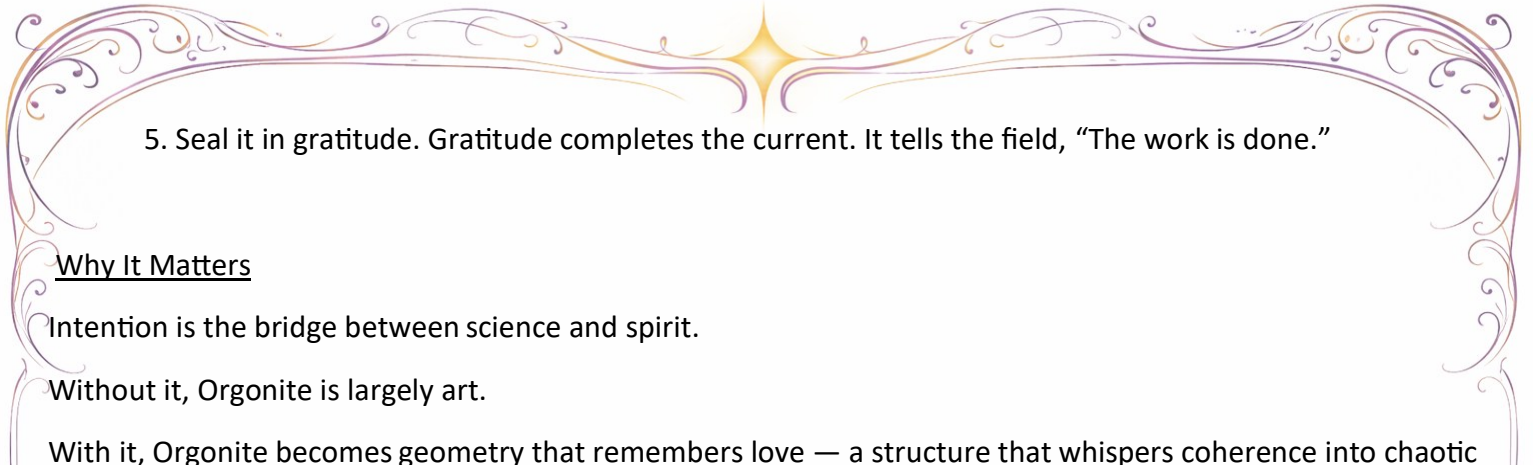
2. Hold the generator and speak your intention clearly, as if commanding light:

“Through this form, I unify love, protection, and clarity in all directions of time.”

3. Visualize the copper coils drawing light from your crown through your heart into your hands.

4. Play your chosen frequency — 396 Hz to root, 528 Hz to harmonize, 741 Hz to express, 963 Hz to awaken.





5. Seal it in gratitude. Gratitude completes the current. It tells the field, “The work is done.”

Why It Matters

Intention is the bridge between science and spirit.

Without it, Orgonite is largely art.

With it, Orgonite becomes geometry that remembers love — a structure that whispers coherence into chaotic space.

Tesla gave us the mathematics of God.

Russell gave us the geometry of God.

You give it form.

And in doing so, you are no longer just an artist.

You are a co-creator of reality — one frequency, one spiral, one act of love at a time.

CV

My gentle disclaimer:

Everything I share comes only from my own lived experience and spiritual intention.

Meaning, I do not claim any formal authority or external validation.

Source—True Source—never gives us rules, ultimatums, or coercion.

What comes from Love will always present itself as invitation, resonance, and remembrance.

So if anything I share does not align with your spirit, please release it with ease. And if it stirs something within you... that stirring may be your own remembering beginning to activate.



Chapter 4- Cleansing and Charging Crystals

Before a stone is gifted, embedded, or bound into an orgonite piece, it should be returned to a neutral baseline and then intentionally charged. This process is not about “adding power” to a crystal—it is about clearing residual energetic noise and setting a clear purpose.

What follows is a simple, effective, and repeatable method using common materials and intentional layout.

Purpose of This Step

Crystals absorb information from their environment—handling, travel, previous locations, and even our own emotional state. Cleansing removes that residue. Charging establishes a fresh starting point aligned with the intention of the piece and the person receiving it.

In this case, the crystal being prepared was an orgonite talisman made for a coworker, Ushinde, and the process below reflects a careful, respectful preparation prior to gifting.

Materials Used

- Orange and Clear Selenite plates (3 Orange and 4 clear- 7 total)
- Quartz points (9 total)
- Copper-wrapped stones
- Citrine
- Amethyst
- Smoky Quartz
- Additional stones for balance
- Rose Quartz (3 pieces)
- Shungite
- Labradorite
- Fluorite
- Crystal-cleansing incense
- Open-air placement (overnight)

Note: Selenite is self-cleansing and does not retain charge, which makes it ideal as a base material for both cleansing and charging.



Station Layout and Logic

The station was arranged using three layers, each serving a different function.

1. First layer- Outer crystals on selenite plates— Intent and Direction (3)

On the three selenite plates:

- Citrine, Amethyst, and Smoky Quartz were placed in a triangular arrangement
- Each stone was wrapped in copper

This layer establishes:

- Clarity of intention
- Balance between grounding, purification, and focus
- Conductivity, provided by copper, to support consistency across the station

Using three stones creates a stable triangular structure—simple, balanced, and easy to reproduce.

2. Second layer- Middle Plate — The Working Center

The center selenite plate holds:

- The crystals being cleansed and charged
- Nine quartz points arranged in a circle around them.

Quartz is used here for its well-understood ability to:

- Amplify intention
- Maintain consistency
- Support programming when used with focus

The circular arrangement ensures even exposure from all sides and prevents directional bias.

Practical tip: Keep the quartz points facing inward when the goal is charging or programming.

3. Third layer — Emotional and Environmental Balance (6)

A fourth selenite plate holds 3 supports pieces of rose quartz. These 3 mothers support the six stones that arrange in a hexagonal pattern (see image 1):

- Shungite
- Labradorite
- Fluorite

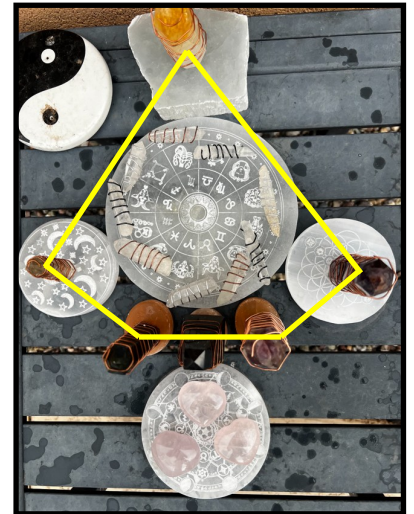


Image 1



This layer helps stabilize the process by:

- Softening emotional residue (rose quartz)
- Filtering environmental interference (shungite)
- Supporting clarity and transition (labradorite, fluorite)

The hexagon (outlined in yellow on image 1) is naturally stable and commonly used when balance—not intensity—is the goal.

Incense and Timing

A crystal-cleansing incense was lit briefly during setup. The yin and yang ceramic piece in image 1 is an incense holder. Incense serves two purposes:

1. It marks the beginning of the process
2. It helps shift attention into intention

The station was then left overnight in open air, allowing:

- Passive environmental clearing
- Time for intention to settle
- No forced or rushed charging

This slower approach is preferable when preparing a gift for someone else.



Optional Refinements (Not Required)

These are refinements only—not corrections:

- Double-check that quartz points are consistently oriented
- Keep the station undisturbed during the overnight cycle
- When finished, close the process with a simple acknowledgment (spoken or silent) before disassembly

No additional stones, symbols, or steps are necessary.

Closing Note

Cleansing and charging are not about perfection. They are about care.

When a crystal is prepared with patience, neutrality, and a clear purpose, it carries that quality forward—quietly, reliably, and without spectacle



Chapter 5- Mystical Meaning of the Triskelion Coil

- Energy Amplification – Spirals are natural amplifiers. Copper coiled in three spirals like this gathers, spins, and projects energy outward, much like a frequency engine.
- Balance of Forces – The triskelion has three arms, often seen as body, mind, and spirit or past, present, and future. It represents wholeness through motion.
- Protection & Flow – Copper is the blood of the Earth; when shaped into this sacred form, it becomes both shield and conduit, protecting by redirecting negative energy and enhancing flow.
- Creation's Breath – The triple spiral shows up in ancient sites (like Newgrange in Ireland) as a symbol of life's eternal cycles—birth, death, rebirth. Each coil is like an inhale and exhale of the universe.

Clockwise vs. Counter-Clockwise Copper Coils

The Energetic Physics of a Triskelion inside an Orgonite Generator

A triskelion — whether made from copper, silver-wrapped copper, or mixed metals — is essentially a geometry of directed intention.

The direction of each coil determines how the energy moves, breathes, breaks apart, and reassembles inside the OG.

Think of it as the difference between:

- Compression vs. Expansion
- Inward Spiral vs. Outward Spiral
- Healing vs. Activation
- Releasing vs. Manifesting

Here is the breakdown:

Clockwise Coil (CW)

Masculine • Charging • Projective Field

A clockwise coil produces a contractive → compressive → focusing spiral.

It pulls energy inward, densifies it, and then projects it forward with intention.

Clockwise coils are best for:

- Charging intentions
- Manifestation
- Focusing energy toward a goal



- Creating structured coherence
- Strengthening a field
- Protection grids (masculine boundary)
- EMF harmonization (compression before release)

Energetic Signature:

Electric → Solar → Penetrating → Directive

Feeling in the body:

A subtle forward push, increased clarity, sharper focus, enhanced willpower, and a warm “sun in the sternum” sensation.

In OGs, clockwise coils behave like a laser — they take in chaotic energy, organize it, and then send it out as coherent life-force.

Counter-Clockwise Coil (CCW)

Feminine • Clearing • Receptive Field

A counter-clockwise coil produces an expansive → releasing → dissolving spiral.

It moves energy outward, unbinding it from stagnation.

Counter-clockwise coils are best for:

- Clearing trauma energy
- Removing blockages
- Emotional release
- Aura cleansing
- Dissolving attachments
- Softening the nervous system
- Lunar/intuition fields

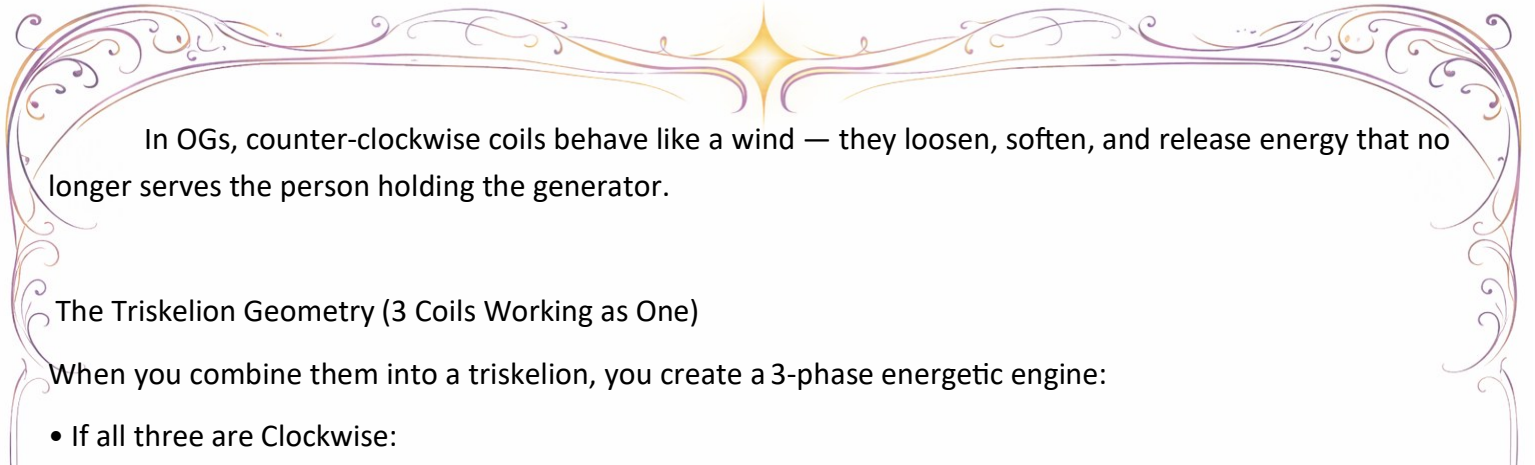
Energetic Signature:

Magnetic → Lunar → Receptive → Dissolving

Feeling in the body:

A widening in the chest, deeper breath, reduced tension, cooler temperature, and a “space opening” around the body.





In OGs, counter-clockwise coils behave like a wind — they loosen, soften, and release energy that no longer serves the person holding the generator.

The Triskelion Geometry (3 Coils Working as One)

When you combine them into a triskelion, you create a 3-phase energetic engine:

- If all three are Clockwise:
 - Manifestation engine
 - Strong masculine field
 - Expansion through action
 - Excellent for leadership, abundance, creativity, and protection
- If all three are Counter-Clockwise:
 - Release engine
 - Strong feminine field
 - Healing, surrender, and shadow work
 - Excellent for emotional work, intuition, and trauma clearing

Simple Guide for You While Crafting

CW = draw in, compress, project

CCW = open, expand, release

CW = manifestation

CCW = healing

CW = solar

CCW = lunar

CW = structure

CCW = softness



Chapter 6- Intention Explanation Sheet

For (persons name) -

Your orgonite generator has been created with eight sacred stones — each chosen to meet your intentional call. Together, they form a protective and radiant field, guiding your work with clarity, grounding, and spiritual sovereignty. Each stone vibrates within the same universal rhythm Tesla called 3-6-9 — the pulse of creation itself — and what Walter Russell described as the breath of light flowing through all matter.

Stones Within Your Generator

Amethyst

- Why: Crown and third eye activator. Enhances intuition, spiritual vision, and inner calm.
- Gift Meaning: A clear channel of wisdom — sharpening your insight and steadying your spirit as you enter unseen realms.

Black Tourmaline

- Why: The premier protection stone. Shields against negativity, psychic interference, and energetic overwhelm.
- Gift Meaning: Your sacred shield — transmuting heavy energies into strength so you remain untouchable.

Labradorite

- Why: The stone of magic and transformation. Expands awareness, cloaks your aura, and sparks creativity.
- Gift Meaning: A cloak of light — awakening your magic while keeping you veiled from forces that would seek to distract you.

Rose Quartz

- Why: The stone of unconditional love. Softens the heart, heals emotional wounds, and anchors compassion.
- Gift Meaning: A heart sanctuary — reminding you that every ritual, every portal, is guided by love first.

Selenite

- Why: Liquid light. Purifies energy, clears attachments, and charges the surrounding field.
- Gift Meaning: Your luminous channel — a reminder that you are both the vessel and the light flowing through it.

Smoky Quartz

- Why: Grounding and stabilizing. Connects spirit to body, and clears away chaos.
- Gift Meaning: A rooted anchor — balancing your higher visions with the strength and stability of earth.

Moldavite

- Why: A high-vibration transformer. Accelerates awakening, clears blockages, and catalyzes rapid inner work.
- Gift Meaning: A fire-starter for soul-shift — opening doors to deeper evolution while propelling intention forward.



Shungite

- Why: Deep grounding and EMF shielding. Transmutes dense or toxic frequencies and stabilizes the field.
- Gift Meaning: The earth's purifier — providing a protective, restorative backbone so your light can move through the world safely.

Together as an Orgonite Generator

- Amethyst + Selenite → Spiritual clarity and radiant purification.
- Black Tourmaline + Shungite → Deep protection, EMF shielding, and grounded resilience.
- Labradorite + Rose Quartz → Magic awakened through the heart.
- Moldavite + Amethyst → Accelerated transformation and expanded vision.
- Smoky Quartz + Selenite → Grounded purification and steady embodiment.

This generator becomes a living ally — a field where power meets love, where protection fuels freedom, and where your visions remain clear, safe, and luminous.

The harmony among these stones mirrors the natural balance between electric expansion and magnetic contraction — the very motion of light that forms every atom. When intention and geometry align, the generator becomes a living 3-6-9 circuit of creation, balance, and renewal.

Invocation

With these stones, I call forth clarity and protection.

With this vessel, I anchor magic, love, and strength.

May this generator shield my path,

illuminate my vision,

and root my body in sacred earth.

In the stillness between breath and heartbeat — the place Tesla called the key and Russell called the zero point — I seal this intention in love and coherence.

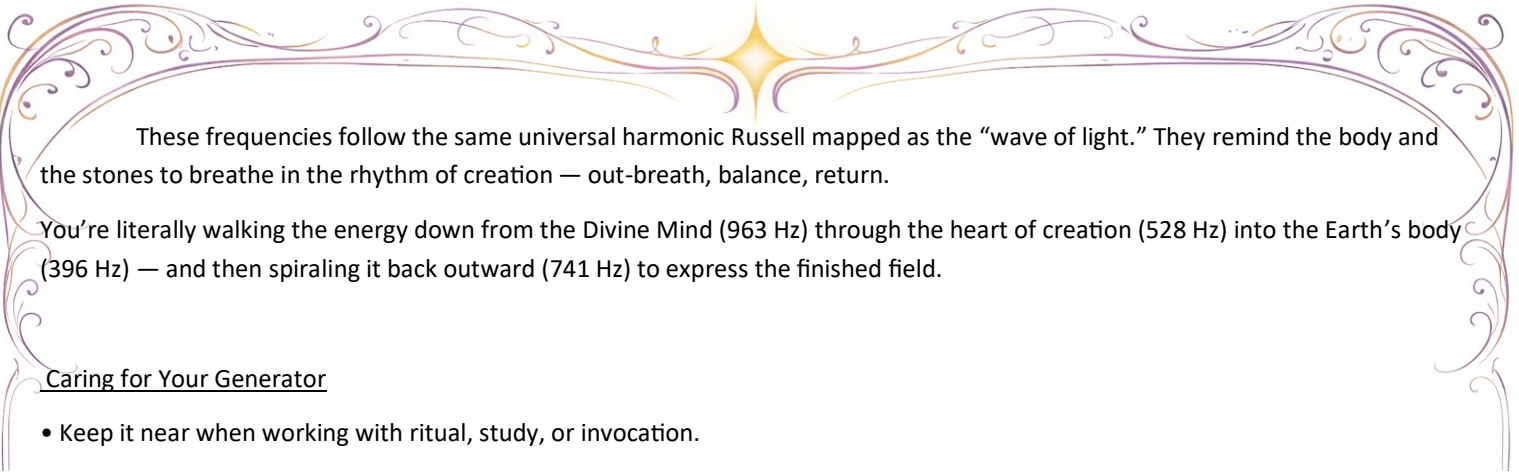
So it is, and so it remains.

Suggested Frequencies

These are the frequencies I set your orgonite with.

- 963 Hz → Spiritual connection and intuition.
- 528 Hz → Love and heart coherence.
- 396 Hz → Release of fear, anchoring courage.
- 741 Hz → Truth, clarity, and energetic protection.





These frequencies follow the same universal harmonic Russell mapped as the “wave of light.” They remind the body and the stones to breathe in the rhythm of creation — out-breath, balance, return.

You’re literally walking the energy down from the Divine Mind (963 Hz) through the heart of creation (528 Hz) into the Earth’s body (396 Hz) — and then spiraling it back outward (741 Hz) to express the finished field.

Caring for Your Generator

- Keep it near when working with ritual, study, or invocation.
- Cleanse gently with incense, moonlight, or sound.
- Recharge by restating your invocation — your words are the power source.

This piece can be made especially for you, Michelle — born of your public invocation when you declared your interest, carrying your shield, your heart, and your light.

Generator Activation Ritual

1. Prepare the Space

- Place the orgonite generator at the center of a small altar (table, tray, or cloth).
- If you have your tensor ring, set it underneath or around the generator as a base. This creates a resonant field that magnifies the flow between stones and elements.
- Gather:
 - A candle (fire)
 - A bowl of water (water)
 - A small dish of salt or earth (earth)
 - Incense or feather (air)
- Arrange them around the generator in a circle.

Invocation:

“Sacred elements, join me now — fire, water, earth, and air. Surround this vessel with your power. Spirit, breathe life into this work.

Tensor ring, open the flow — magnify what is true and pure.”

2. Ground Yourself

- Stand barefoot if possible.
- Take 3 deep breaths.
 - Visualize roots growing from your feet into the earth, steady and unshakable.
 - If the tensor ring is present, slip your fingers or palms briefly inside it as you ground, allowing the current to circulate through your body.



Affirmation:

"I am rooted. I am safe. I am protected."

3. Call the Stones Awake

- Hold your hands above the generator (or gently place them on it).
- Speak to each stone within, one by one:

Example:

"Amethyst, open my vision. Black Tourmaline, shield my body. Labradorite, awaken my magic. Rose Quartz, soften my heart. Selenite, purify my field. Smoky Quartz, ground me in strength. Moldavite, ignite my transformation. Shungite, anchor and protect my field."

- As you speak, you may lift the generator slightly above the tensor ring, letting each declaration sink into the resonance.

4. Breathe Power Into the Generator

- Place both palms over the generator.
- Inhale deeply, then exhale slowly onto it — letting your breath be spirit moving into matter.
- Visualize light from your heart pouring into the piece, filling it until it glows in your inner sight.
- The tensor ring beneath will circulate and amplify your breath, carrying it through the stones like a wave.

Declaration:

"With breath and heart, I awaken you. Be alive, be strong, be mine."

Caring for Your Generator

- Keep it near when working with ritual, study, or invocation.
- Cleanse gently with incense, moonlight, or sound.
- Recharge by restating your invocation — your words are the power source.
- Place it inside or above a tensor ring when you want to:
- Deep-cleanse the field after heavy emotional days.
- Amplify its charge before a major ritual.
- Harmonize the generator with your body by holding both your hands and the OG inside the ring for a few breaths.
- Trust your intuition — the tensor ring is not a requirement, but an enhancer. It acts like a tuning fork, keeping the stones resonant and alive.



Chapter 7– Creating Orgonite

This chapter covers the physical construction of an orgonite generator — from mold preparation to final curing. The process is intentionally slow, layered, and deliberate. Rushing resin work leads to flaws; patience produces coherence.

Every generator is built in stages, allowing each layer to set fully before the next is introduced. This not only improves the structural integrity and appearance of the piece, but also allows for intentional placement of materials and consistent results.

Before You Begin: Workspace & Materials

Workspace Preparation

Resin is sensitive to temperature, dust, and movement.

Before mixing:

- Ensure your workspace is clean, level, and undisturbed
- Remove pets, fans, loose fabric, and anything that can shed fibers
- Maintain an ambient temperature between 75°F and 82°F (24–28°C)
- This is critical for proper curing, bubble release, and clarity
- A small space heater and desk thermometer are strongly recommended

Mold Preparation

- Molds must be spotless
- Any dust, debris, or hair will permanently blemish the final piece
- Clean molds with mild soap and water, then dry completely
- If needed, wipe with isopropyl alcohol and allow to fully evaporate

Resin Handling & Safety Notes

- Always follow the manufacturer’s resin mixing ratios exactly
- Mix slowly to minimize air bubbles
 - Wear gloves and work in a well-ventilated area
 - Resin generates heat as it cures (exothermic reaction); thin layers reduce stress and distortion

Warming the Resin



Before pouring, I gently warm the mixed resin:

- Microwave for 10 seconds
- This lowers viscosity, allowing the resin to flow more easily and release bubbles
- Resin should feel warm, not hot

Step-by-Step Construction Process

Step 1 — Base Resin Layer

- Pour a very thin layer of resin into the mold
- Use just enough to lightly cover the bottom
- Allow this layer to sit until it begins to gel (not fully hard)

This layer forms the foundation and prevents embedded components from sinking unevenly.

Step 2 — Anchor Placement

Once the resin begins to gel:

- Place the anchor piece into the resin

This may be:

- Metal from a necklace or earring
- A copper spiral or copper scallion fashioned by hand

Important:

The anchor must be metal or copper.

Plastic should never be used — it does not contribute to the conductive or structural function of the generator.

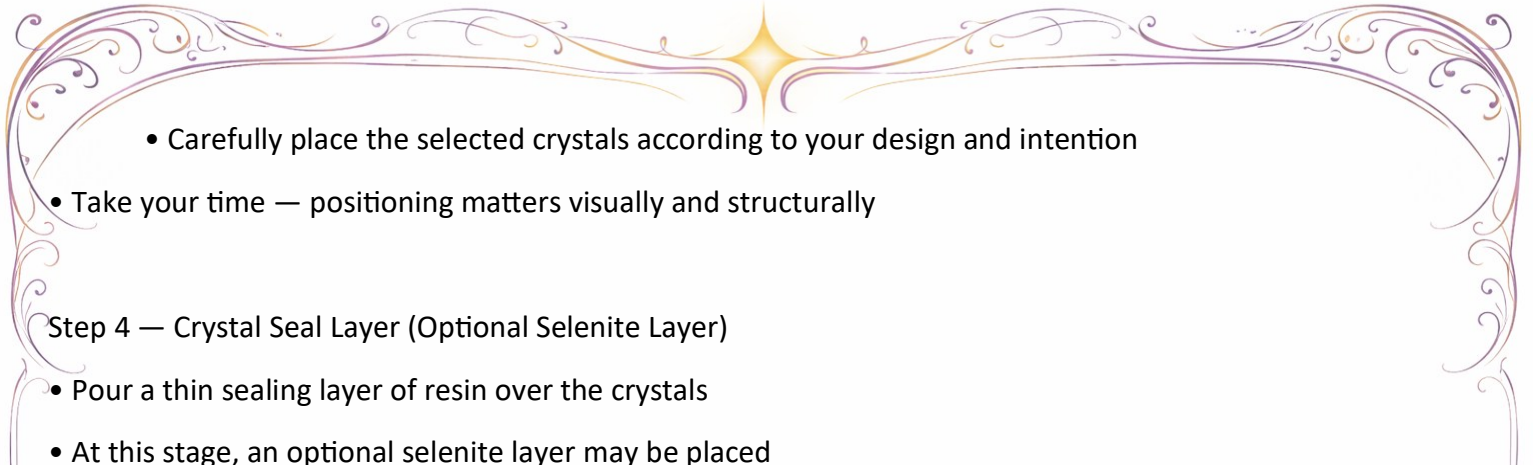
After placing the anchor:

- Allow the resin to fully cure
- I typically do this overnight; it is always ready by morning

Step 3 — Crystal Placement Layer

- Pour another very thin layer of resin



- 
- Carefully place the selected crystals according to your design and intention
 - Take your time — positioning matters visually and structurally

Step 4 — Crystal Seal Layer (Optional Selenite Layer)

- Pour a thin sealing layer of resin over the crystals
- At this stage, an optional selenite layer may be placed
- This creates a visual effect similar to ice or suspended light
- It also adds a clean, reflective backing to the crystal layer

Allow this layer to set before continuing.

Step 5 — Quartz Point Placement

- Add another thin layer of resin
- Place the copper-wrapped quartz point
- The quartz point should be placed first, standing upright

The quartz point is intentionally positioned so it will extend slightly above the metal shavings in later layers, creating texture and depth.

Step 6 — First Metal Shavings Layer

- Pour a thin layer of resin
- Sprinkle metal shavings evenly
- Allow this layer to fully set

Step 7 — Final Metal Shavings Layer

- Add another thin resin layer
- Apply the final layer of metal shavings

After approximately 20 minutes, return with:

- A long toothpick or silicone tool
- Gently guide metal shavings into place
- Release trapped air bubbles



- Ensure even distribution and full resin contact

Step 8 — Optional Final Resin Cap

- A final thin resin layer may be poured for smoothness and durability
- This step improves handling comfort and edge safety

Curing, Removal & Finishing

- Allow the generator to fully cure according to resin specifications
- Once cured:
- Remove from mold carefully
- Sand or level edges to eliminate sharp points
- Wipe clean

At this point, the generator is physically complete.

Frequency Exposure During Curing

During construction, I change the frequency environment after each resin pour. Each layer cures while exposed to a different frequency setting on my frequency device.

This is not magic, and it is not a claim of instant transformation. It is a controlled environmental influence during polymer formation.

What's Actually Happening (Science-Based Explanation)

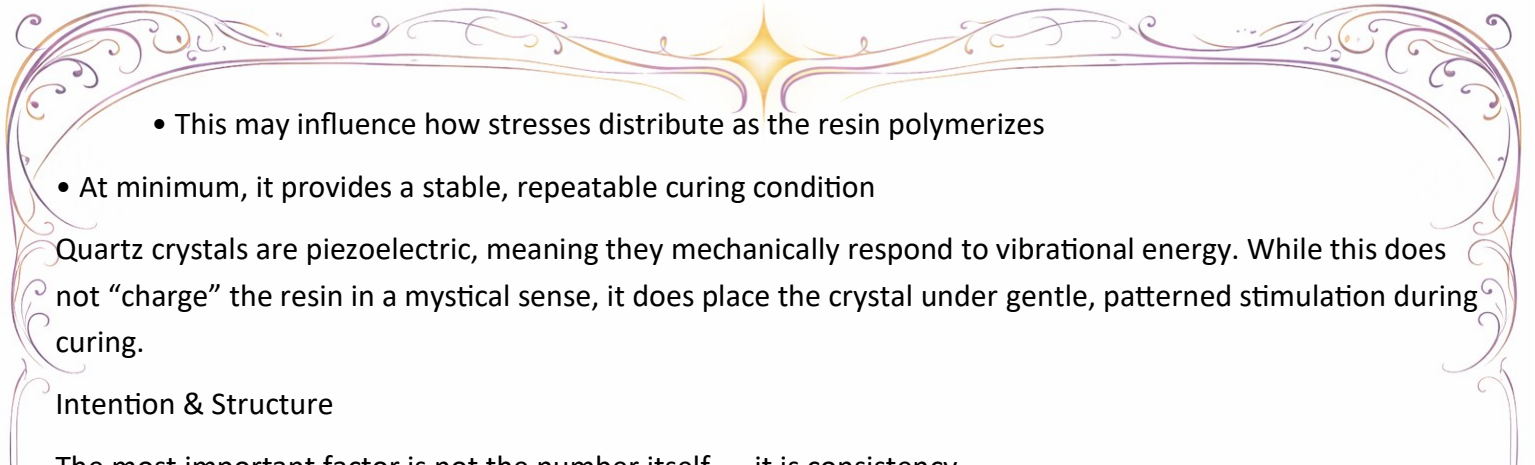
When resin cures:

- Polymer chains form and lock into place
- This process is sensitive to:
- Temperature
- Vibration
- Mechanical movement

Sound and frequency introduce physical vibration into the environment. While frequencies like 528 Hz are often discussed symbolically, their practical effect here is simpler and grounded:

- They create consistent, rhythmic vibrational exposure





- This may influence how stresses distribute as the resin polymerizes

- At minimum, it provides a stable, repeatable curing condition

Quartz crystals are piezoelectric, meaning they mechanically respond to vibrational energy. While this does not “charge” the resin in a mystical sense, it does place the crystal under gentle, patterned stimulation during curing.

Intention & Structure

The most important factor is not the number itself — it is consistency.

- Repeated frequencies reinforce deliberate pacing
- The maker remains focused and regulated
- Each layer is poured with attention, not haste

This combination of material discipline + environmental consistency is what sets intention into the process — not as a belief, but as a practice.

Closing Thought

An orgonite generator is not created by rushing, forcing, or overpowering materials. It is built by layering patiently, respecting the properties of each component, and allowing structure to emerge over time.

The generator becomes coherent because the maker was coherent while creating it.

That is the real mechanism.

CV



Chapter 8 — Testing the Orgonite Generator

A Practical Method for Observing Structural Effects in Water

Orgonite generators sit at an intersection of craft, intention, and material science. While many people experience subjective effects from these devices, it is equally important to develop simple, repeatable methods for observing physical changes that may occur in their presence.

This chapter outlines a controlled water-freezing comparison test designed to highlight differences in ice formation under near-identical conditions.

The goal is observation, not proof — documentation, not persuasion.

Purpose of This Test

Water is uniquely sensitive to temperature gradients, container shape, dissolved gases, and environmental conditions. When frozen slowly, it can reveal distinct internal structures that are easy to photograph and compare.

This test is designed to answer one question:

Does water exposed to an orgonite generator consistently freeze differently than water that is not?

Materials Required

- Distilled water
- Heat-safe container
- Stove or electric kettle
- Two identical clear glasses
- One orgonite generator
- Freezer with multiple shelves
- Camera or phone

Optional but helpful:

- Notebook for recording conditions
 - Thermometer
 - Time stamps on photos



Preparation

Step 1 — Water Conditioning

1. Use distilled water only.

This minimizes mineral variability and reduces random nucleation sites.

2. Bring the water to a full boil, then remove from heat.
3. Allow the water to cool naturally to room temperature.

Do not stir or refrigerate.

Boiling removes dissolved gases and creates more consistent freezing behavior.

Initial Setup (Exposure Phase)

1. Pour equal amounts of cooled distilled water into two identical glasses.
2. Place the glasses on a counter several feet apart.
3. Position the orgonite generator:
 - Either directly beneath
 - Directly beside
 - Or directly on top of one glass only
4. Leave the second glass untouched as a control.
5. Allow both glasses to sit undisturbed for approximately 12 hours at room temperature.

Freezing Phase

1. Move both glasses into the freezer.
 - Place them on different shelves
 - Maintain the same relative positioning of the generator to the test glass
2. Do not move, rotate, or disturb either glass.
3. Allow the water to freeze completely.
 4. Once frozen, photograph immediately:
 - In the freezer (if possible)
 - Then outside under indirect daylight



Observed Patterns

Across multiple trials, the following patterns were consistently observed:

Control Glass (Image 3)

- More uniform cloudiness
- Random internal fractures
- Less directional structure

OG-Exposed Glass (Image 4)

- Vertical plume or spiral-like formations
- Directional internal crystallization
- Clear boundary layers between ice zones
- In some cases, radial “burst” or expansion patterns

Notably, in some trials:

- Water that had previously been near the generator continued to show structured freezing even when frozen later without the generator present (image 5)

Important Clarifications

These observations do not prove:

- Energy emission
- Conscious influence
- Metaphysical causation

They do demonstrate:

- Repeatable visual differences
- Structural patterning worth documenting
- A basis for further controlled testing

Freezing behavior in water is influenced by:

- Temperature gradients
- Gas content
- Container geometry
- Surface contact



Image 3



Image 4



Image 5



- Environmental vibration

This experiment does not isolate all variables — and does not claim to.

Why This Test Still Matters

Scientific inquiry often begins with anomalies, not conclusions.

The value of this test lies in:

- Repetition
- Documentation
- Willingness to change conditions and compare results

If a pattern continues to appear under varied setups, it becomes worth studying further, even if the explanation is not yet known.

Best Practices for Continued Testing

- Repeat the experiment multiple times
- Switch freezer shelf positions between trials
- Rotate the generator orientation
- Keep glass type and water volume identical
- Record dates, times, and freezer conditions
- Photograph every trial, including “boring” results

Patterns only matter if inconsistencies are recorded too.

Closing Note

Testing orgonite generators is not about convincing anyone.

It is about:

- Curiosity over certainty
 - Observation over assumption
 - Respecting both mystery and method

If nothing changes, that matters.

If something repeats, that matters too.



Chapter 8- Sanding and polishing

materials (what to lay out)

- wet/dry sandpaper (silicon-carbide): 120, 180, 240, 400, 600, 800, 1000, 1500, 2000 (optional: 3000–12000 Micro-Mesh)
- a flat glass/stone tile as a lapping plate (for dead-flat bottoms)
- sanding block / flexible foam pad; optional random-orbital sander + hook-and-loop discs (400–2000)
- polishing compounds: one medium-cut plastic/automotive compound + one fine finishing polish
- foam polishing pads for drill/RO polisher (1–3” pads are great) + microfiber cloths
- water with a drop of dish soap (lubricant), spray bottle, isopropyl alcohol (IPA) for wipe-downs
- straightedge/ruler, fine Sharpie for witness marks, calipers (to keep saucer thickness even)
- PPE: nitrile gloves, eye protection, respirator (wet sand to minimize dust)

before you start (resin reality check)

- Let the casting reach full sanding hardness per your resin’s datasheet (often 24–72 h; full hardness ~7 days). If it feels gummy or clogs paper, stop and give it more time.

part 1 — shape & flatten (make the saucer-optional)

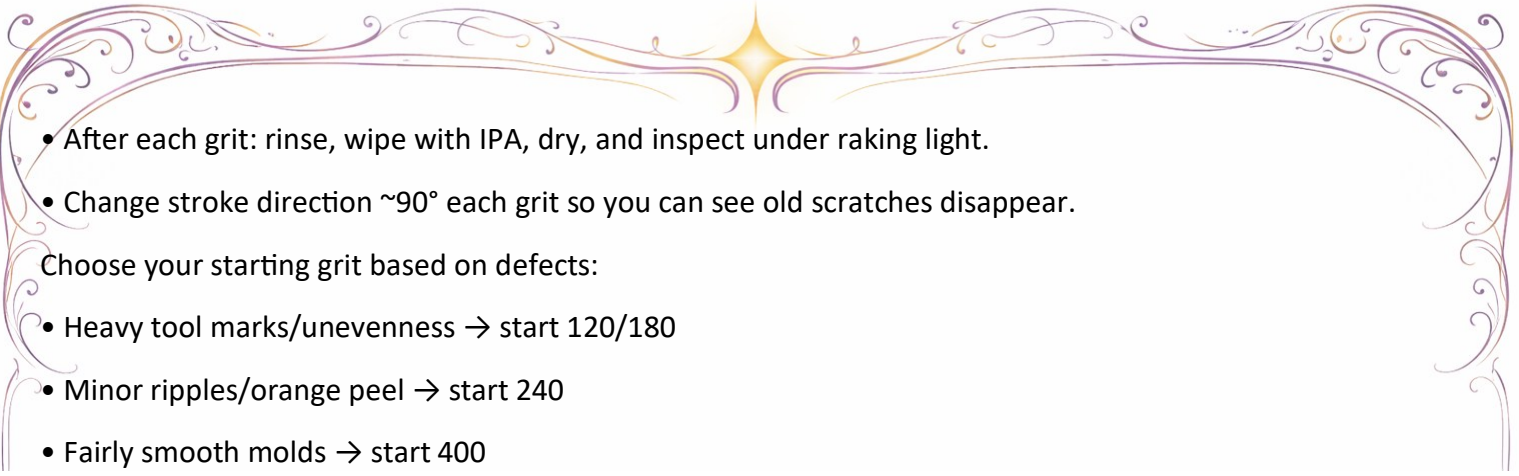
1. Mark the piece. Draw a crosshair to find center. Add a Sharpie checkerboard on the surface you’ll flatten these “witness marks” tell you when you’re uniformly sanding.
2. Lap the bottom flat. Tape 120–180 grit to your glass tile. Flood with soapy water.
 - Place the piece face down and move in slow figure-8s, rotating the piece 90° every 6–8 strokes.
 - When all Sharpie is gone evenly, you’re flat. Move to 240 on the glass and repeat.
3. Form the saucer dome. With 180–240 grit on a foam pad, round the top face so the center is slightly thicker than the rim (classic saucer profile). Keep strokes symmetrical; check thickness with calipers.
4. Micro-bevel the edge. Add a tiny 45° bevel with 240–400 so edges don’t chip later.

part 2 — the sanding progression (scratch removal, not speed)

Golden rules:

- Sand wet from 400 onward (a drop of soap in water).



- 
- After each grit: rinse, wipe with IPA, dry, and inspect under raking light.
 - Change stroke direction ~90° each grit so you can see old scratches disappear.

Choose your starting grit based on defects:

- Heavy tool marks/unevenness → start 120/180
- Minor ripples/orange peel → start 240
- Fairly smooth molds → start 400

Standard ladder:

1. 120 (if needed) – shape removal
 2. 180 – refine shape lines
 3. 240 – remove 180 scratches
 4. 400 (wet) – surface begins to unify
 5. 600 (wet) – haze becomes fine and even
 6. 800 (wet) – nearly uniform matte
 7. 1000 (wet) – very fine matte
 8. 1500 (wet) – faint sheen appears
 9. 2000 (wet) – ready for polish
- (optional) 3000–12000 Micro-Mesh for near-optical clarity before polish

Power tool tips:

- Random-orbital sander: use light pressure, keep it moving; don't exceed ~4–6k OPM on resin.
- Dremel/drill sanding: easy to gouge; reserve for small areas and keep speed/moderate pressure.

part 3 — polish to glass

1. Medium-cut compound.

- Foam pad on drill/RO polisher, low speed (~800–1200 rpm on drill, modest OPM on RO).
- A pea-sized dab; work small areas 10–20 sec; do not let it heat up (heat = haze).
 - Wipe clean, inspect. Repeat if needed.

2. Finishing polish.

- Fresh foam pad or clean the first. Short passes, feather touch.
- Wipe with microfiber. You should see clear, wet-look gloss.

3. Seal (optional).

- A plastic/automotive wax or sealant adds slickness and micro-scratch resistance.

optional — “flood coat” glass finish

Use this if you still see micro-scratches or want that poured-glass look.

1. Level the piece. Mix a small batch of your resin exactly to spec.
2. Warm the resin bottle slightly in warm water for lower viscosity (not hot).
3. Pour a thin self-level coat (think 0.3–0.5 mm). Wick drips at the rim with a gloved finger.
4. Lightly pass a heat gun/torch at a distance to pop bubbles. Do not scorch.
5. Dust-cover while curing. After cure, you can very lightly 2000–3000 and a quick finish polish if needed.

quick “grit map” (cheat sheet)

- Heavy fix / flatten: 120 → 180 → 240
- General smoothing: 240 → 400 → 600 → 800
- Pre-polish prep: 1000 → 1500 → 2000
- Show finish (option A): medium compound → fine polish → (optional) wax
- Show finish (option B): 2000 → 3000–12000 Micro-Mesh → fine polish → (optional) wax
- Ultimate gloss: 1500 → 2000 → thin flood coat → (optional) 3000 → fine polish

troubleshooting (fast answers)

- Cloudy/hazy after polish → You polished too hot. Back up one grit (e.g., to 1000/1500), keep everything wet & cool, re-polish at lower speed with lighter pressure.
- Swirls visible in sunlight → Keep pad clean, use a finer finishing polish, cross-hatch your passes, and wipe with fresh microfiber.
- Pinholes after sanding → They were trapped bubbles. Either spot-fill with UV resin and sand flush, or do a thin flood coat.
 - Fish-eyes in flood coat → Surface contamination. Wash with warm soapy water, IPA wipe, let dry completely before recoating.
 - Paper clogs instantly → Resin not cured; wait longer or keep the cut wet.
 - Edge chipping → Add that micro-bevel early and don't skip grits on the rim.

Chapter 9 — Call to Action: Your OG, Your Charge, Your Choice

This is the moment where knowledge becomes movement.

Up to now, you've learned how orgonite works, why it works, and how to build it with intention and care. What happens next is not technical. It's relational. This is where the work leaves the page and enters the world.

You are now holding a tool that can shift environments. Not magically. Practically. Quietly. Through coherence, placement, and repetition.

What you do with that matters.

This is not a command.

Not an obligation.

It's an invitation—with teeth.

Three Paths Forward

There are three honest ways to respond to what you've learned. None is more virtuous than the others. Choose the one that fits your season.

1. Make

Build orgonite for your own life.

Place it where you sleep. Where you work. Where your nervous system lives.

Put it near routers, under beds, in gardens, on altars.

Live with it. Observe. Test. Take notes.

Let your body and environment give you feedback before your beliefs do.

2. Give

Make orgonite as a gift.

Not as a fix. Not as a sales pitch.

As an offering.

A plant. A friend. A neighbor. A teacher. A clinic. A shelter.

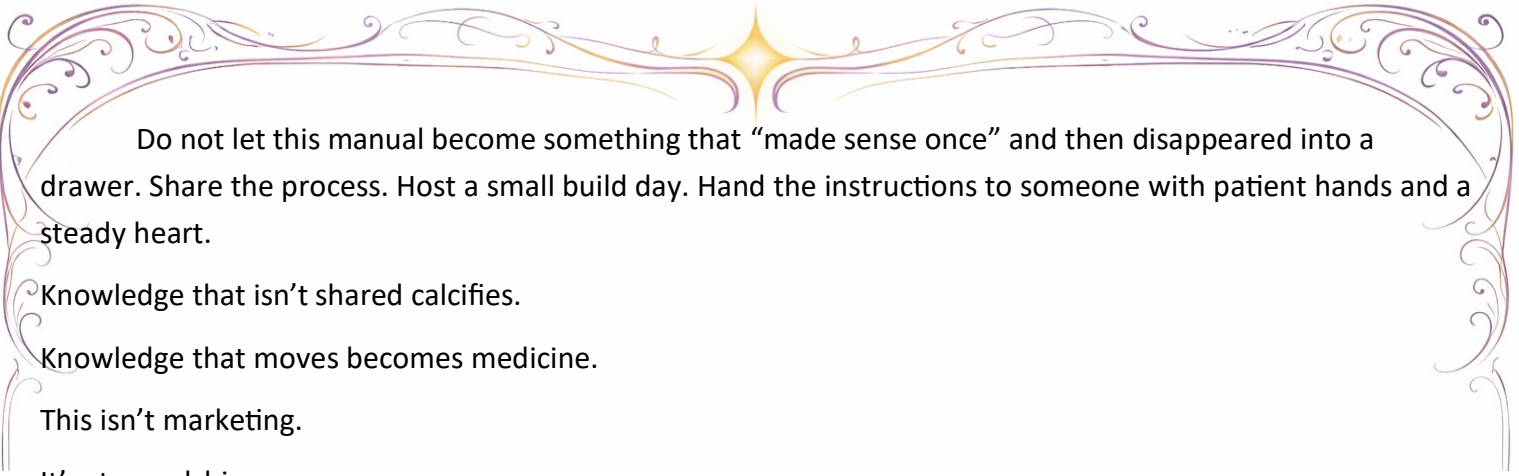
Small objects. Real presence.

Release the outcome. Let the field do the work.

3. Pass It On

Teach someone else.





Do not let this manual become something that “made sense once” and then disappeared into a drawer. Share the process. Host a small build day. Hand the instructions to someone with patient hands and a steady heart.

Knowledge that isn't shared calcifies.

Knowledge that moves becomes medicine.

This isn't marketing.

It's stewardship.

The Financial Frame — Simple and Sacred

This manual is offered with a recommended \$50 donation. If you make a donation of at least \$50 we will send you a free orgonite generator. If you wish to have special crystals, let us know the crystals you want and we will get back to you with a price.

If you're able to give more, thank you. Your surplus helps fund materials, teaching, and wider access.

If you can't give right now, take it anyway.

There is no ledger kept against your worth.

No shame. No debt. No spiritual IOU.

We give first.

We trust what returns.

We move forward clean.

Sharing Results (Optional, Transparent)

If your experience is meaningful and you're willing to be contacted by others for verification, you may share your first name, city, and email.

Future editions may include verified stories—not testimonials, not miracles—just real people describing real changes, reachable for private confirmation.

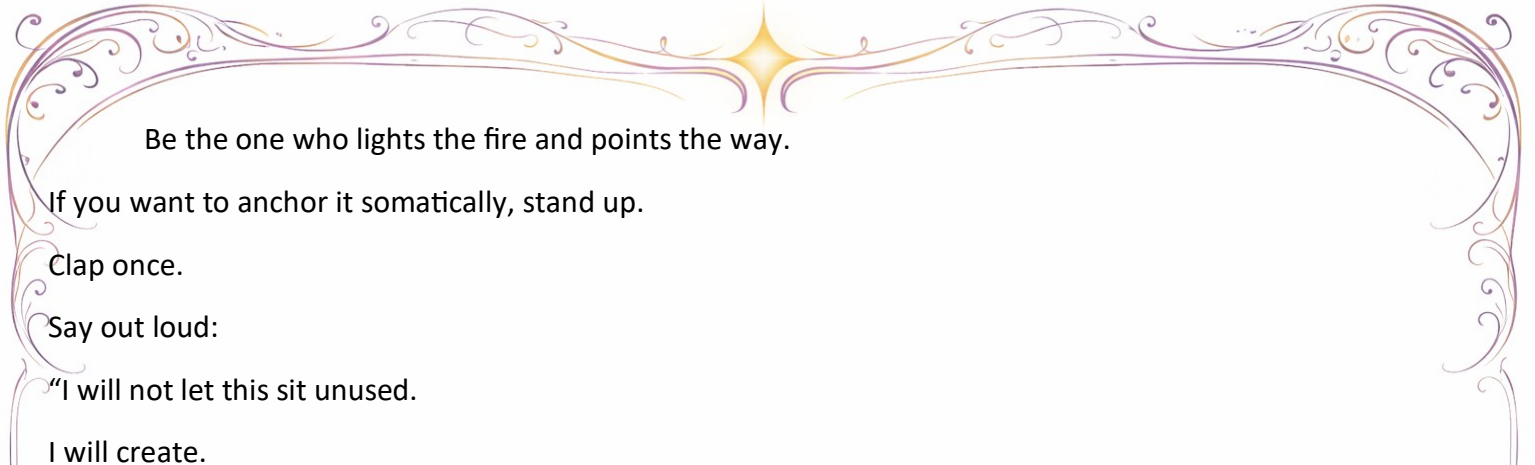
Final Word — Fierce and Tender

This is an invitation, not a demand.

Healing works best with volunteers, not conscripts.

If you make something and keep it to yourself, that may be exactly what this season asks of you.

But if the work calls you outward—don't be the one who keeps the map folded in the attic.



Be the one who lights the fire and points the way.

If you want to anchor it somatically, stand up.

Clap once.

Say out loud:

“I will not let this sit unused.

I will create.

I will share.

I will participate in healing.”

Say it like you mean it.

Then go build one.

With love, clarity, and a builder’s sense of urgency—

Victor & Courtney

